

Leichtathletik-Gemeinschaft Kreis Verden

Bestenliste 1985

Die Vereinsangehörigkeit der LK-Vereine ist gekürzt angegeben:

A = TSV Achim, Ba = TV Baden, Bas = TSV Bassen, Ben = SV Bendingbostel, Cl = TSV Cluvenhagen, Dav = TSV Daverden, Dör = TSV Dörverden, Emt = TSV Emtinghausen, Et = TSV Etelsen, Ki = TSV Kirchlinteln, Mor = TSV Morsum, Oy = TV Oyten, Rie = MTV Riede, Ue = TSV Uesen, V = TSV Verden (Abt. Leichtathletik).

Männer und Männliche Jugend

Bahnläufe - Sprints, Mittel- und Langstrecken

100 m

Männer

| | | | | | |
|-------|-------------------|----|----|--------------|-------|
| 10,8 | Michael Strohbach | 61 | Oy | Emtinghausen | 13.7. |
| 11,04 | Stefan Mattern | 65 | A | Hamburg | 28.7. |
| 11,1 | Ralph Kothe | 64 | A | Zeven | 25.5. |
| 11,1 | Ralf Faulhaber | 66 | A | Emtinghausen | 13.7. |
| 11,37 | Jürgen Kuhlmann | 64 | Ba | Verden | 27.4. |
| 11,44 | Lutz Weger | 65 | V | Hannover | 15.6. |
| 11,5 | Jörg Olschewski | 65 | A | Emtinghausen | 13.7. |
| 11,76 | Thorsten Kothe | 65 | A | Verden | 27.4. |
| 12,03 | Ulrich Schmidt | 63 | A | Hannover | 15.6. |
| 11,8 | Gunnar Althausen | 65 | V | Zeven | 25.5. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|--------------|-------|
| 11,2 | Nils-Holger Wenck | 67 | A | Verden | 4.5. |
| 11,94 | Gernot Petritzki | 67 | Ba | Bremen | 16.5. |
| 12,01 | Bernd Cordes | 68 | Ben | Cuxhaven | 15.6. |
| 12,0 | Dirk Voigt | 68 | Emt | Emtinghausen | 13.7. |
| 12,2 | Steffen Gatz | 68 | V | Verden | 4.5. |
| 12,38 | Frank Meyer | 67 | A | Cuxhaven | 15.6. |
| 12,3 | Dierk Ortman | 68 | Rie | Riede | 29.6. |
| 12,3 | Ralf Rettkowski | 67 | Ki | Riede | 29.6. |
| 12,1 | Mark Daniels | 67 | A | Stade | 18.5. |
| 12,5 | Frank Olschewski | 67 | A | Stade | 18.5. |

Mä. Jgd. B

| | | | | | |
|-------|---------------|----|---|-----------|-------|
| 11,83 | Thilo Girndt | 69 | V | Zeven | 13.7. |
| 11,6 | Thorsten Born | 69 | A | Harsefeld | 2.6. |
| 11,92 | Bernd Reiser | 69 | A | Hannover | 29.6. |
| 12,37 | Cord Lüers | 69 | V | Bremen | 6.10. |
| 12,3 | Stefan Heine | 69 | A | Verden | 4.5. |
| 12,4 | Thomas Cordes | 70 | A | Hemmoor | 11.6. |

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 12,73 | Stefan Heemsoth | 69 | Ki | Verden | 30.8. |
| 12,5 | Thomas Westermann | 69 | Rie | Riede | 29.6. |
| 12,77 | Rüdiger Hitz | 70 | A | Hannover | 29.6. |
| 12,7 | Stefan Kümpel | 70 | Ki | Hamburg | 7.9. |
| 12,95 | Jan Schmidt | 70 | A | Bremen | 6.10. |

200 m
Männer

| | | | | | |
|-------|-----------------------|----|-----|---------|-------|
| 22,07 | Stefan Mattern | 65 | A | Hamburg | 28.7. |
| 22,55 | Michael Strohbach | 61 | Oy | Hamburg | 1.6. |
| 22,9 | Ralph Kothe | 64 | A | Verden | 4.5. |
| 23,3 | Lutz Weger | 65 | V | Verden | 4.5. |
| 23,7 | Ralf Faulhaber | 66 | A | Wehe | 10.7. |
| 24,1 | Ulrich Schmidt | 63 | A | Verden | 4.5. |
| 24,46 | Jörg Olschewski | 65 | A | Bremen | 20.6. |
| 24,54 | Gerd Luttmann | 57 | Ben | Verden | 21.9. |
| 24,58 | Rainer Siemt | 61 | Ba | Bremen | 16.5. |
| 24,5 | Thorsten Henszelewski | 65 | Et | Verden | 4.5. |
| 24,74 | Ulf Mattern | 61 | A | Hamburg | 1.6. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|-----------|-------|
| 23,0 | Nils-Holger Wenck | 67 | A | Hamburg | 9.6. |
| 24,4 | Bernd Cordes | 68 | Ben | Rotenburg | 3.7. |
| 24,70 | Gernot Petritzki | 67 | Ba | Bremen | 16.5. |
| 26,34 | Cord Husmann | 67 | V | Verden | 21.9. |
| 26,55 | Tim Schmidt | 68 | A | Bremen | 6.10. |

Mä. Jgd. B

| | | | | | |
|-------|----------------|----|----|--------|-------|
| 24,52 | Bernd Reiser | 69 | A | Bremen | 20.6. |
| 24,89 | Cord Lüers | 69 | V | Bremen | 6.10. |
| 25,65 | Thorsten Born | 69 | A | Verden | 24.8. |
| 26,21 | Mark Paul | 69 | V | Bremen | 6.10. |
| 26,24 | Thomas Cordes | 70 | A | Verden | 21.9. |
| 26,31 | Jan Schmidt | 70 | A | Bremen | 6.10. |
| 27,04 | Volker Rückert | 69 | Ue | Bremen | 6.10. |
| 27,10 | Rüdiger Hitz | 70 | A | Bremen | 20.6. |
| 28,94 | Oliver Weiß | 70 | A | Verden | 24.8. |

400 m
Männer

| | | | | | |
|-------|-----------------------|----|----|----------|-------|
| 50,04 | Lutz Weger | 65 | V | Hannover | 15.6. |
| 50,11 | Jürgen Kuhlmann | 64 | Ba | Hamburg | 1.6. |
| 50,1 | Ralph Kothe | 64 | A | Zeven | 25.5. |
| 51,57 | Randolf Winkel | 63 | A | Hamburg | 1.6. |
| 52,6 | Thorsten Henszelewski | 65 | Et | Weyhe | 10.7. |

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 52,6 | Michael Strohbach | 61 | Oy | Verden | 14.9. |
| 53,23 | Ulrich Schmidt | 63 | A | Hannover | 15.6. |
| 58,2 | Michael Siemt | 63 | Ba | Verden | 14.9. |
| 61,4 | Sven Suhling | 66 | Bas | Verden | 14.9. |
| 64,4 | Norbert Temp | 47 | Mor | Verden | 12.9. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 53,4 | Nils-Holger Wenck | 67 | A | Verden | 5.5. |
| 55,4 | Bernd Cordes | 68 | Ben | Verden | 5.5. |
| 56,1 | Steffen Gatz | 68 | V | Verden | 14.9. |
| 57,1 | Tim Schmidt | 68 | A | Syke | 18.9. |
| 57,89 | Frank Meyer | 67 | A | Cuxhaven | 16.6. |
| 60,1 | Cord Husmann | 67 | V | Verden | 5.5. |
| 60,4 | Frank Olschewski | 67 | A | Verden | 5.5. |

Mä. Jgd. B

| | | | | | |
|-------|----------------|----|----|--------|-------|
| 52,57 | Bernd Reiser | 69 | A | Zeven | 13.7. |
| 54,62 | Cord Lüers | 69 | V | Bremen | 16.5. |
| 54,8 | Jan Schmidt | 70 | A | Syke | 18.9. |
| 57,0 | Thorsten Born | 69 | A | Verden | 30.8. |
| 57,1 | Mark Paul | 69 | V | Syke | 18.9. |
| 57,45 | Volker Rückert | 69 | Ue | Bremen | 16.5. |
| 61,67 | Rüdiger Hitz | 70 | A | Bremen | 12.6. |

800 m

Männer

| | | | | | |
|---------|-------------------|----|-----|-----------|-------|
| 1:56,73 | Hermann Luttmann | 57 | Ben | Hamburg | 21.7. |
| 1:59,1 | Uwe Cordes | 65 | Ben | Oldenburg | 24.7. |
| 1:59,90 | Randolf Winkel | 63 | A | Hamburg | 1.6. |
| 2:01,18 | Thomas Pfeiffer | 62 | A | Hamburg | 1.6. |
| 2:04,5 | Gunther Bernecker | 66 | V | Oldenburg | 24.7. |
| 2:05,13 | Stefan Drews | 62 | Ben | Verden | 30.8. |
| 2:29,4 | Karl-Ernst Drews | 34 | Ben | Weyhe | 4.9. |
| 2:33,9 | Helmut Sievers | 34 | Ue | Verden | 12.9. |

Mä. Jgd. A

| | | | | | |
|---------|----------------|----|---|--------|-------|
| 2:05,9 | Carsten Otte | 57 | A | Verden | 30.8. |
| 2:07,43 | Carsten Müller | 67 | A | Verden | 30.8. |
| 2:12,39 | Tim Schmidt | 68 | A | Verden | 30.8. |

Mä. Jgd. B

| | | | | | |
|---------|----------------|----|----|--------|-------|
| 2:00,84 | Jan Schmidt | 70 | A | Verden | 30.8. |
| 2:04,4 | Cord Lüers | 69 | V | Zeven | 13.7. |
| 2:05,38 | Volker Rückert | 69 | Ue | Verden | 30.8. |
| 2:10:29 | Mark Paul | 69 | V | Verden | 30.8. |

1000 m
Männer

| | | | | | |
|---------|-------------------|----|-----|-----------|-------|
| 2:30,7 | Hermann Luttmann | 57 | Ben | Oldenburg | 31.7. |
| 2:33,4 | Uwe Cordes | 65 | Ben | Oldenburg | 31.7. |
| 2:41,02 | Stefan Drews | 62 | Ben | Verden | 24.8. |
| 2:41,38 | Gunther Bernecker | 66 | V | Verden | 24.8. |
| 2:56,0 | Randolf Winkel | 63 | A | Syke | 25.9. |

Mä. Jgd. A

| | | | | | |
|---------|-------------------|----|-----|--------|-------|
| 2:41,82 | Carsten Otte | 57 | A | Verden | 24.8. |
| 2:46,62 | Carsten Müller | 67 | A | Verden | 24.8. |
| 2:53,59 | Tim Schmidt | 68 | A | Verden | 24.8. |
| 2:54,9 | Steffen Gatz | 68 | V | Stade | 18.5. |
| 2:58,0 | Bernd Cordes | 68 | Ben | Stade | 18.5. |
| 2:59,2 | Nils-Holger Wenck | 67 | A | Verden | 4.5. |
| 3:03,0 | Cord Husmann | 67 | V | Stade | 18.5. |
| 3:05,1 | Frank Meyer | 67 | A | Stade | 18.5. |
| 3:10,4 | Mark Daniels | 67 | A | Stade | 18.5. |
| 3:14,2 | Frank Olschewski | 67 | A | Stade | 18.5. |

Mä. Jgd. B

| | | | | | |
|---------|----------------|----|----|----------|-------|
| 2:39,81 | Cord Lüers | 69 | V | Verden | 24.8. |
| 2:39,87 | Jan Schmidt | 70 | A | Verden | 24.8. |
| 2:48,47 | Volker Rückert | 69 | Ue | Verden | 24.8. |
| 2:50,39 | Mark Paul | 69 | V | Verden | 24.8. |
| 2:53,80 | Bernd Reiser | 69 | A | Hannover | 29.6. |
| 3:04,78 | Thilo Girndt | 69 | V | Hannover | 29.6. |
| 3:10,75 | Stefan Heine | 69 | A | Hannover | 29.6. |
| 3:12,8 | Axel Buschmann | 69 | Ue | Hemmoor | 11.6. |
| 3:16,77 | Rüdiger Hitz | 70 | A | Hannover | 29.6. |
| 3:20,64 | Stefan Kümpel | 70 | Ki | Hannover | 29.6. |

1500 m
Männer

| | | | | | |
|---------|-------------------|----|-----|----------|-------|
| 3:51,61 | Hermann Luttmann | 57 | Ben | Hamburg | 6.7. |
| 3:53,65 | Michael Spöttel | 56 | V | Hamburg | 1.6. |
| 4:01,92 | Jürgen Schulze | 56 | V | Hamburg | 21.7. |
| 4:01,8 | Uwe Cordes | 65 | Ben | Dortmund | 15.9. |
| 4:10,6 | Stefan Rolffs | 60 | V | Zeven | 25.5. |
| 4:15,7 | Stefan Drews | 62 | Ki | Dortmund | 15.9. |
| 4:16,18 | Gunther Bernecker | 66 | V | Hamburg | 21.7. |
| 4:19,0 | Thomas Pfeiffer | 62 | A | Zeven | 25.5. |
| 4:23,8 | Ulrich Schmidt | 63 | A | Verden | 4.5. |
| 4:24,8 | Randolf Winkel | 63 | A | Verden | 4.5. |

Mä. Jgd. A

| | | | | | |
|--------|----------------|----|---|-------|-------|
| 4:21,3 | Carsten Otte | 57 | A | Wedel | 15.9. |
| 4:32,5 | Carsten Müller | 67 | A | Wedel | 15.9. |
| 4:36,7 | Tim Schmidt | 68 | A | Wedel | 15.9. |

Mä. Jgd. B

| | | | | | |
|---------|----------------|----|----|--------|-------|
| 4:17,0 | Jan Schmidt | 70 | A | Zeven | 14.7. |
| 4:26,54 | Cord Lüers | 69 | V | Bremen | 20.6. |
| 4:27,6 | Volker Rückert | 69 | Ue | Wedel | 15.9. |
| 4:38,0 | Mark Paul | 69 | V | Wedel | 15.9. |
| 5:18,30 | Axel Buschmann | 69 | Ue | Verden | 27.4. |

3000 m

Männer

| | | | | | |
|---------|--------------------|----|-----|-----------|-------|
| 8:19,04 | Michael Spöttel | 56 | V | Wolfsburg | 25.5. |
| 8:27,8 | Jürgen Schulze | 56 | V | Oldenburg | 24.7. |
| 8:38,1 | Hermann Luttmann | 57 | Ben | Dülmen | 14.6. |
| 8:44,8 | Uwe Cordes | 65 | Ben | Oldenburg | 7.8. |
| 8:45,6 | Stefan Rolffs | 60 | V | Dülmen | 14.6. |
| 8:57,2 | Stefan Drews | 62 | Ben | Oldenburg | 7.8. |
| 9:25,5 | Gunther Bernecker | 66 | V | Oldenburg | 7.8. |
| 9:38,20 | Hans-Dieter Acksel | 49 | Et | Bremen | 6.10. |
| 9:39,1 | Joachim Damm | 42 | V | Weyhe | 10.7. |
| 9:40,7 | Georg v. d. Berg | 38 | Ue | Oldenburg | 7.8. |

Mä. Jgd. A

| | | | | | |
|---------|--------------|----|---|----------|-------|
| 9:21,2 | Carsten Otte | 57 | A | Syke | 25.9. |
| 10:23,9 | Tim Schmidt | 68 | A | Hannover | 31.7. |

Mä. Jgd. B

| | | | | | |
|---------|----------------|----|----|------|-------|
| 9:24,2 | Jan Schmidt | 70 | A | Syke | 25.9. |
| 9:51,2 | Volker Rückert | 69 | Ue | Syke | 25.9. |
| 10:29,8 | Mark Paul | 69 | V | Syke | 25.9. |

5000 m

Männer

| | | | | | |
|----------|------------------|----|-----|-----------|-------|
| 14:29,62 | Michael Spöttel | 56 | V | Oldenburg | 23.6. |
| 14:43,09 | Jürgen Schulze | 56 | V | Hamburg | 7.7. |
| 14:51,7 | Hermann Luttmann | 57 | Ben | Verden | 2.7. |
| 15:10,4 | Stefan Rolffs | 60 | V | Neugraben | 11.7. |
| 15:11,5 | Uwe Cordes | 65 | Ben | Verden | 2.7. |
| 15:37,4 | Stefan Drews | 62 | Ben | Weyhe | 4.9. |
| 15:50,82 | Manfred Sich | 55 | V | Verden | 30.8. |

| | | | | | |
|---------|------------------|----|---|-----------|-------|
| 16:28,8 | Joachim Damm | 42 | V | Verden | 2.7. |
| 16:33,1 | Heiko Zdrojewski | 53 | V | Weyhe | 22.5. |
| 16:42,1 | Jürgen Honemann | 46 | V | Rotenburg | 4.9. |

Mä. Jgd. A

| | | | | | |
|----------|----------------|----|---|--------|-------|
| 16:33,12 | Carsten Otte | 57 | A | Verden | 21.9. |
| 17:56,9 | Carsten Müller | 67 | A | Verden | 21.9. |
| 19:08,4 | Tim Schmidt | 68 | A | Oyten | 14.4. |

Mä. Jgd. B

| | | | | | |
|----------|----------------|----|----|--------|-------|
| 16:54,24 | Jan Schmidt | 70 | A | Verden | 21.9. |
| 18:08,22 | Mark Paul | 69 | V | Verden | 21.9. |
| 19:43,5 | Axel Buschmann | 69 | Ue | Oyten | 14.4. |

10000 m

Männer

| | | | | | |
|---------|------------------|----|-----|-----------|-------|
| 29:58,1 | Michael Spöttel | 56 | V | Aachen | 20.6. |
| 30:04,9 | Jürgen Schulze | 56 | V | Oldenburg | 22.6. |
| 31:37,4 | Uwe Cordes | 65 | Ben | Verden | 16.7. |
| 32:19,1 | Stefan Rolffs | 60 | V | Neugraben | 6.10. |
| 32:44,9 | Stefan Drews | 62 | Ben | Oldenburg | 22.6. |
| 32:56,4 | Hermann Luttmann | 57 | Ben | Oyten | 14.4. |
| 33:38,2 | Gerd Coordes | 37 | V | Oyten | 14.4. |
| 34:32,1 | Heiko Zdrojewski | 53 | V | Oyten | 14.4. |
| 34:36,8 | Georg v. d. Berg | 38 | Ue | Syke | 18.9. |
| 34:57,1 | Joachim Damm | 42 | V | Verden | 16.7. |

Mä. Jgd. A

| | | | | | |
|---------|-------------|----|---|--------|-------|
| 39:35,8 | Tim Schmidt | 68 | A | Verden | 16.7. |
|---------|-------------|----|---|--------|-------|

Straßenläufe

25 km

| | | | | | |
|---------|--------------------|----|-----|--------------|--------|
| 1:16:43 | Michael Spöttel | 56 | V | Paderborn | 6.4. |
| 1:20:55 | Jürgen Schulze | 56 | V | Paderborn | 6.4. |
| 1:23:34 | Hermann Luttmann | 57 | Ben | Bremen | 23.3. |
| 1:25:31 | Stefan Rolffs | 60 | V | Bad Oldesloe | 21.4. |
| 1:27:23 | Uwe Cordes | 65 | Ben | Bremen | 23.3. |
| 1:28:18 | Georg v. d. Berg | 38 | Ue | Bremen | 23.3. |
| 1:28:33 | Stefan Drews | 62 | Ben | Scheeßel | 26.10. |
| 1:31:02 | Jürgen Honemann | 46 | V | Daverden | 17.6. |
| 1:32:43 | Hans-Dieter Acksel | 49 | Et | Scheeßel | 26.10. |

Mannschaften

| | | | |
|---------|--|----------|--------|
| 4:17:47 | LGKV I Luttmann - Schulze - Cordes | Bremen | 23.3. |
| 4:29:53 | LGKV II v. d. Berg - Drews - Honemann | Bremen | 23.3. |
| 4:45:01 | LGKV III Engelke - Acksel - Meineke | Bremen | 23.3. |
| 4:57:04 | LGKV IV Duncan - Borgs - Damm | Bremen | 23.3. |
| 5:05:06 | LGKV V Otte - v. Wieding - Struwe | Scheeßel | 26.10. |
| 5:43:34 | LGKV VI Fokke - Ackemann - K.E. Drews | Scheeßel | 26.10. |

Mä. Jgd. A

| | | | | | |
|---------|--------------|----|---|----------|--------|
| 1:38,41 | Carsten Otte | 57 | A | Scheeßel | 26.10. |
|---------|--------------|----|---|----------|--------|

Marathon

Männer

| | | | | | |
|---------|--------------------|----|----|----------|-------|
| 2:19:49 | Jürgen Schulze | 56 | V | Bremen | 28.4. |
| 2:26:19 | Les Wood | 46 | V | Verden | 7.9. |
| 2:36:18 | Georg v. d. Berg | 38 | Ue | Berlin | 29.9. |
| 2:36:29 | Gerd Coordes | 37 | V | Bremen | 28.4. |
| 2:42:54 | Jürgen Honemann | 46 | V | Bremen | 28.4. |
| 2:43:45 | Joachim Damm | 42 | V | Daverden | 17.6. |
| 2:48:04 | Nicolas Withers | 60 | V | Verden | 7.9. |
| 2:48:28 | Helmut Sievers | 34 | Ue | Daverden | 17.6. |
| 2:50:55 | Günter Osthorst | 39 | Oy | Berlin | 29.9. |
| 2:51:27 | Hermann Engelke | 41 | Et | Berlin | 29.9. |
| 2:51:45 | Hans-Dieter Acksel | 49 | Et | Bremen | 28.4. |
| 2:53:04 | Tony Buffery | 47 | V | Verden | 7.9. |
| 2:54:10 | Dieter Meineke | 44 | V | Berlin | 29.9. |

Mannschaften

| | | | |
|---------|--|--------|-------|
| 7:34:50 | LGKV I Schulze - Coordes - v. d. Berg | Bremen | 28.4. |
| 8:23:08 | LGKV II Honemann - Damm - Acksel | Bremen | 28.4. |
| 8:36:32 | LGKV III Osthorst - Engelke - Meineke | Berlin | 29.9. |
| 9:40:54 | LGKV IV Spreckels - Kavoulakis - Behrmann | Bremen | 28.4. |

Hürden- und Hindernisläufe

110 m Hürden

Männer

| | | | | | |
|-------|----------------------|----|-----|-----------|--------|
| 14,15 | Stefan Mattern | 65 | A | Zug /CH | 16.6. |
| 15,67 | Lutz Weger | 65 | V | Hannover | 16.6. |
| 16,25 | Ulrich Schmidt | 63 | A | Hamburg | 1.6. |
| 16,1 | Michael Strohbach | 61 | Oy | Verden | 15.9. |
| 17,27 | Ulf Mattern | 61 | A | Bremen | 16.5. |
| 17,6 | Michael Siemt | 63 | Ba | Harsefeld | 2.6. |
| 19,79 | Thorsen Henszelewski | 65 | Et | Hannover | 16.6. |
| 20,3 | Sven Suhling | 66 | Bas | Verden | 15.9.. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 15,0 | Nils-Holger Wenck | 67 | A | Hamburg | 9.6. |
| 17,53 | Frank Meyer | 67 | A | Cuxhaven | 16.6. |
| 18,1 | Cord Husmann | 67 | V | Verden | 5.5. |
| 18,2 | Bernd Cordes | 68 | Ben | Verden | 5.5. |
| 18,7 | Frank Olschewski | 67 | A | Verden | 5.5. |
| 19,64 | Bernd Reiser | 69 | A | Cuxhaven | 16.6. |
| 21,4 | Steffen Gatz | 68 | V | Verden | 5.5. |

Mä. Jgd. B

| | | | | | |
|-------|----------------|----|----|---------|-------|
| 15,9 | Bernd Reiser | 69 | A | Zeven | 14.7. |
| 17,09 | Rüdiger Hitz | 70 | A | Zeven | 13.7. |
| 17,4 | Stefan Heine | 69 | A | Verden | 5.5. |
| 18,9 | Stefan Kümpel | 70 | Ki | Sottrum | 19.5. |
| 20,9 | Martin Arndt | 69 | Ue | Verden | 5.5. |
| 21,9 | Volker Rückert | 69 | Ue | Verden | 5.5. |
| 22,0 | Thomas Cordes | 70 | A | Verden | 5.5. |

400 m Hürden

Männer

| | | | | | |
|-------|----------------------|----|----|-----------|-------|
| 53,01 | Ralph Kothe | 64 | A | Oldenburg | 23.6. |
| 55,72 | Ulrich Schmidt | 63 | A | Hamburg | 1.6. |
| 57,0 | Jürgen Kuhlmann | 64 | Ba | Oldenburg | 9.5. |
| 58,3 | Randolf Winkel | 63 | A | Oldenburg | 9.5. |
| 61,72 | Thorsen Henszelewski | 65 | Et | Verden | 21.9. |

Mä. Jgd. A

| | | | | | |
|------|-------------------|----|---|--------|-------|
| 56,7 | Nils-Holger Wenck | 67 | A | Bremen | 16.5. |
|------|-------------------|----|---|--------|-------|

Hindernis

Männer 3000 m

| | | | | | |
|--------|------------------|----|-----|-----------|------|
| 9:34,2 | Hermann Luttmann | 57 | Ben | Neugraben | 1.9. |
|--------|------------------|----|-----|-----------|------|

Mä. Jgd. A 2000 m

| | | | | | |
|--------|----------------|----|-----|-----------|-------|
| 6:58,4 | Thorsten Ripke | 68 | Dör | Rotenburg | 22.5. |
| 7:10,2 | Tim Schmidt | 68 | A | Rotenburg | 22.5. |

Mä. Jgd. B 1500 m

| | | | | | |
|--------|----------------|----|----|-----------|-------|
| 4:38,3 | Cord Lüers | 69 | V | Zeven | 14.7. |
| 4:52,6 | Jan Schmidt | 70 | A | Rotenburg | 22.5. |
| 5:00,5 | Volker Rückert | 69 | Ue | Rotenburg | 22.5. |
| 5:22,4 | Mark Paul | 69 | V | Rotenburg | 22.5. |

Staffelläufe

4 x 100 m

Männer

| | | | | | |
|-------|--|--|--|-----------|-------|
| 42,51 | LGKV I Kuhlmann - S. Mattern - R. Kothe - M. Strobach | | | Oldenburg | 22.6. |
| 44,38 | LGKV II Wenck - Weger - R. Siemt - Schmidt | | | Bremen | 16.5. |
| 49,7 | LGKV III Huxoll - Feldmann - Köster - Teichgräber | | | Verden | 12.9. |
| 57,4 | LGKV IV Temp - Pofahl - v. Wieding - Sich | | | Verden | 12.9. |

Mä. Jgd. A

| | | | | | |
|------|--|--|--|--------|------|
| 47,3 | LGKV Gatz - Heemsoth - Reiser - Meyer | | | Verden | 3.9. |
|------|--|--|--|--------|------|

Mä. Jgd. B

| | | | | | |
|-------|---|--|--|--------|-------|
| 45,9 | LGKV I Heine - Girndt - Reiser - Born | | | Zeven | 14.7. |
| 50,56 | LGKV II Paul - Lüers - Schmidt - Rückert | | | Bremen | 6.10. |

4 x 400 m

Männer

| | | | | | |
|--------|---|--|--|--------|------|
| 3:35,7 | LGKV Cordes - Schmidt - Kuhlmann - Bernecker | | | Verden | 3.9. |
|--------|---|--|--|--------|------|

Mä. Jgd. A

| | | | |
|---------|--|--------|------|
| 3:47,30 | LGKV Reiser - Husmann - Wenck - Meyer | Verden | 3.9. |
|---------|--|--------|------|

3 x 1000 m

Mä. Jgd. A

| | | | |
|---------|------------------------------|--------|------|
| 8:28,96 | LGKV Müller - Otte - Paul | Verden | 3.9. |
|---------|------------------------------|--------|------|

Mä. Jgd. A

| | | | |
|---------|-----------------------------------|--------|------|
| 8:09,65 | LGKV Rückert - Lüers - Schmidt | Verden | 3.9. |
|---------|-----------------------------------|--------|------|

4 x 1500 m

Männer

| | | | |
|---------|---|-----------|-------|
| 16:55,4 | LGKV Spöttel - Luttmann - Cordes - Drews | Göttingen | 11.5. |
|---------|---|-----------|-------|

Sprünge

Weitsprung

Männer

| | | | | | |
|------|-------------------|----|----|----------|-------|
| 7,08 | Stefan Mattern | 65 | A | Hamburg | 1.6. |
| 6,97 | Lutz Weger | 65 | V | Hannover | 15.6. |
| 6,94 | Michael Strohbach | 61 | Oy | Verden | 14.9. |
| 6,75 | Ralph Kothe | 64 | A | Hamburg | 1.6. |
| 6,28 | Ulrich Schmidt | 63 | A | Hannover | 15.6. |
| 6,28 | Jürgen Kuhlmann | 64 | Ba | Verden | 30.8. |
| 6,13 | Stefan Farke | 65 | V | Verden | 30.8. |
| 6,13 | Michael Siemt | 63 | Ba | Verden | 14.9. |
| 6,01 | Randolf Winkel | 63 | A | Verden | 4.5. |
| 5,97 | Rüdiger Ullrich | 51 | V | Hamburg | 1.6. |

Mä. Jgd. A

| | | | | | |
|------|-------------------|----|-----|-----------|-------|
| 6,27 | Nils-Holger Wenck | 67 | A | Verden | 30.8. |
| 6,14 | Frank Meyer | 67 | A | Rotenburg | 3.7. |
| 5,95 | Bernd Cordes | 68 | Ben | Stade | 18.5. |
| 5,73 | Dirk Voigt | 68 | Emt | Verden | 30.8. |
| 5,53 | Steffen Gatz | 68 | V | Stade | 18.5. |
| 5,53 | Dierk Ortman | 68 | Rie | Riede | 29.6. |
| 5,37 | Fred Schroll | 68 | Dör | Weyhe | 4.9. |
| 5,32 | Cord Husmann | 67 | V | Verden | 4.5. |
| 5,23 | Frank Olschewski | 67 | A | Verden | 4.5. |
| 5,21 | Ralf Rettkowski | 67 | Ki | Riede | 29.6. |

Mä. Jgd. B

| | | | | | |
|------|---------------|----|----|-------------|-------|
| 5,84 | Bernd Reiser | 69 | A | Verden | 27.4. |
| 5,71 | Rüdiger Hitz | 70 | A | Harsefeld | 2.6. |
| 5,49 | Thorsten Born | 69 | A | Sottrum | 18.5. |
| 5,46 | Thilo Girndt | 69 | V | Hannover | 29.6. |
| 5,23 | Martin Arndt | 69 | Ue | Verden | 30.8. |
| 5,23 | Stefan Kümpel | 70 | Ki | Hamburg | 7.9. |
| 5,18 | Stefan Heine | 69 | A | Hannover | 29.6. |
| 5,14 | Carsten Campe | 70 | V | Verden | 30.8. |
| 5,10 | Thomas Cordes | 70 | A | Drochtersen | 14.9. |
| 4,97 | Oliver Weiß | 70 | A | Verden | 24.8. |

Hochsprung

Männer

| | | | | | |
|------|-----------------------|----|-----|----------|-------|
| 1,95 | Lutz Weger | 65 | V | Hamburg | 1.6. |
| 1,84 | Ulrich Schmidt | 63 | A | Hannover | 15.6. |
| 1,80 | Michael Siemt | 63 | Ba | Hamburg | 1.6. |
| 1,80 | Sven Suhling | 66 | Bas | Hamburg | 1.6. |
| 1,80 | Michael Strohbach | 61 | Oy | Weyhe | 4.9. |
| 1,80 | Jürgen Kuhlmann | 64 | Ba | Baden | 8.9. |
| 1,78 | Stefan Farke | 65 | V | Verden | 30.8. |
| 1,68 | Thorsten Henszelewski | 65 | Et | Hannover | 15.6. |
| 1,65 | Bernd Freund | 59 | V | Verden | 30.8. |
| 1,60 | Rainer Siemt | 61 | Ba | Verden | 21.9. |

Mä. Jgd. A

| | | | | | |
|------|-------------------|----|-----|----------|-------|
| 1,82 | Bernd Cordes | 68 | Ben | Zeven | 25.5. |
| 1,78 | Frank Meyer | 67 | A | Stade | 18.5. |
| 1,67 | Nils-Holger Wenck | 67 | A | Cuxhaven | 15.6. |
| 1,65 | Cord Husmann | 67 | V | Verden | 30.8. |
| 1,62 | Mark Daniels | 67 | A | Stade | 18.5. |
| 1,56 | Steffen Gatz | 68 | V | Verden | 14.9. |
| 1,52 | Tim Schmidt | 68 | A | Verden | 4.5. |
| 1,50 | Frank Olschewski | 67 | A | Stade | 18.5. |

Mä. Jgd. B

| | | | | | |
|------|-----------------|----|-----|----------|-------|
| 1,73 | Martin Arndt | 69 | Ue | Cuxhaven | 25.8. |
| 1,69 | Bernd Reiser | 69 | A | Sottrum | 18.5. |
| 1,65 | Thorsten Born | 69 | A | Sottrum | 18.5. |
| 1,65 | Rüdiger Hitz | 70 | A | Cuxhaven | 25.8. |
| 1,63 | Volker Luttmann | 69 | Ben | Verden | 27.4. |
| 1,61 | Stefan Kümpel | 70 | Ki | Sottrum | 18.5. |
| 1,55 | Stefan v.Salzen | 70 | Mor | Morsum | 11.7. |
| 1,54 | Thilo Girndt | 69 | V | Hannover | 29.6. |
| 1,52 | Axel Buschmann | 69 | Ue | Verden | 4.5. |
| 1,52 | Stefan Heine | 69 | A | Verden | 4.5. |
| 1,52 | Jan Schmidt | 70 | A | Hemmoor | 11.6. |

Dreisprung

Männer

| | | | | | |
|-------|-------------------|----|----|---------|-------|
| 14,13 | Michael Strohbach | 61 | Oy | Hamburg | 1.6. |
| 12,24 | Michael Siemt | 63 | Ba | Verden | 21.9. |
| 12,00 | Rüdiger Ullrich | 51 | V | Hamburg | 1.6. |
| 11,60 | Ulf Mattern | 61 | A | Hamburg | 1.6. |

Mä. Jgd. A

| | | | | | |
|-------|------------|----|-----|--------|-------|
| 11,92 | Dirk Voigt | 68 | Emt | Verden | 24.8. |
|-------|------------|----|-----|--------|-------|

Mä. Jgd. B

| | | | | | |
|-------|---------------|----|---|--------|-------|
| 10,31 | Rüdiger Hitz | 70 | A | Verden | 24.8. |
| 9,89 | Thomas Cordes | 70 | A | Verden | 21.9. |

Stabhochsprung

Männer

| | | | | | |
|------|-----------------------|----|-----|----------|-------|
| 3,90 | Ulrich Schmidt | 63 | A | Hannover | 16.6. |
| 3,90 | Lutz Weger | 65 | V | Hannover | 16.6. |
| 3,70 | Michael Strohbach | 61 | Oy | Verden | 15.9. |
| 3,45 | Ralph Kothe | 64 | A | Zeven | 25.5. |
| 3,20 | Thorsten Henszelewski | 65 | Et | Hannover | 16.6. |
| 3,00 | Michael Siemt | 63 | Ba | Verden | 15.9. |
| 2,50 | Sven Suhling | 66 | Bas | Verden | 15.9. |

Mä. Jgd. A

| | | | | | |
|------|-------------------|----|-----|----------|-------|
| 3,60 | Nils-Holger Wenck | 67 | A | Cuxhaven | 16.6. |
| 3,10 | Frank Meyer | 67 | A | Cuxhaven | 16.6. |
| 3,00 | Bernd Cordes | 68 | Ben | Cuxhaven | 16.6. |
| 2,70 | Steffen Gatz | 68 | V | Verden | 5.5. |
| 2,55 | Cord Husmann | 67 | V | Zeven | 25.5. |
| 2,50 | Frank Olschewski | 67 | A | Verden | 5.5. |

Mä. Jgd. B

| | | | | | |
|------|----------------|----|-----|-------------|-------|
| 3,80 | Stefan Heine | 69 | A | Wedel | 15.9. |
| 3,20 | Stefan Kümpel | 70 | Ki | Drochtersen | 14.9. |
| 3,00 | Bernd Reiser | 69 | A | Verden | 5.5. |
| 2,90 | Martin Arndt | 69 | Ue | Harsefeld | 2.6. |
| 2,70 | Thilo Girndt | 69 | V | Hannover | 30.6. |
| 2,50 | Rüdiger Hitz | 70 | A | Verden | 5.5. |
| 2,30 | Volker Rückert | 69 | Ue | Verden | 5.5. |
| 2,10 | Bernd Cordes | 68 | Ben | Verden | 5.5. |
| 2,10 | Jan Schmidt | 70 | A | Verden | 5.5. |

Würfe

Kugelstoßen

Männer

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 12,63 | Matthias Hesse | 64 | Dör | Verden | 24.8. |
| 11,96 | Lutz Weger | 65 | V | Hannover | 15.6. |
| 11,49 | Sven Suhling | 66 | Bas | Verden | 14.9. |
| 11,40 | Gunnar Althausen | 65 | V | Morsum | 23.5. |
| 11,39 | Knut Husmann | 61 | V | Essen | 25.5. |
| 11,32 | Hermann Deuter | 52 | La | Morsum | 23.5. |
| 11,18 | Michael Strohbach | 61 | Oy | Verden | 14.9. |
| 10,66 | Bernd Teichgräber | 43 | Ki | Verden | 12.9. |
| 10,61 | Jürgen Mems | 57 | V | Verden | 24.8. |
| 10,40 | Axel Kampf | 66 | Rie | Riede | 29.6. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|-----------|-------|
| 12,67 | Frank Meyer | 67 | A | Verden | 4.5. |
| 11,77 | Bernd Cordes | 68 | Ben | Verden | 4.5. |
| 11,26 | Nils-Holger Wenck | 67 | A | Verden | 4.5. |
| 10,46 | Cord Husmann | 67 | V | Bremen | 16.5. |
| 9,66 | Ralf Rettkowski | 67 | Ki | Riede | 29.6. |
| 9,43 | Dierk Ortmann | 68 | Rie | Riede | 29.6. |
| 9,50 | Mark Daniels | 67 | A | Verden | 27.4. |
| 9,23 | Bernd Reiser | 69 | A | Cuxhaven | 15.6. |
| 9,15 | Frank Olschewski | 67 | A | Harsefeld | 2.6. |
| 8,64 | Mario Kastens | 67 | Rie | Riede | 29.6. |

Mä. Jgd. B

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 10,81 | Bernd Reiser | 69 | A | Hannover | 29.6. |
| 10,74 | Thilo Girndt | 69 | V | Sottrum | 18.5. |
| 10,70 | Rüdiger Hitz | 70 | A | Hemmoor | 11.6. |
| 10,52 | Stefan Heine | 69 | A | Hannover | 29.6. |
| 9,79 | Stefan Kümpel | 70 | Ki | Hannover | 29.6. |
| 9,65 | Andreas Hüneken | 69 | Rie | Riede | 29.6. |
| 8,73 | Martin Arndt | 69 | Ue | Hannover | 29.6. |
| 8,37 | Thomas Cordes | 70 | A | Verden | 4.5. |
| 8,29 | Thorsten Born | 69 | A | Verden | 4.5. |
| 8,15 | Thomas Westermann | 69 | Rie | Riede | 29.6. |

Diskuswerfen

Männer

| | | | | | |
|-------|-------------------|----|-----|----------|-------|
| 36,58 | Michael Strohbach | 61 | Oy | Zeven | 25.5. |
| 36,20 | Matthias Hesse | 64 | Dör | Verden | 30.8. |
| 35,60 | Gunnar Althausen | 65 | V | Verden | 23.5. |
| 35,18 | Lutz Weger | 65 | V | Hannover | 16.6. |
| 34,96 | Ulrich Schmidt | 63 | A | Verden | 4.5. |

| | | | | | |
|-------|-----------------------|----|-----|----------|-------|
| 34,26 | Dieter Watzlawik | 30 | V | Verden | 12.9. |
| 33,08 | Knut Husmann | 61 | V | Essen | 25.5. |
| 31,18 | Wolfgang Pofahl | 48 | V | Verden | 12.9. |
| 29,94 | Thorsten Henszelewski | 65 | Et | Hannover | 16.6. |
| 28,64 | Sven Suhling | 66 | Bas | Verden | 15.9. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|-----------|-------|
| 34,60 | Bernd Cordes | 68 | Ben | Verden | 30.8. |
| 34,06 | Cord Husmann | 67 | V | Verden | 30.8. |
| 28,40 | Nils-Holger Wenck | 67 | A | Verden | 5.5. |
| 26,66 | Frank Meyer | 67 | A | Cuxhaven | 16.6. |
| 26,24 | Frank Olschewski | 67 | A | Harsefeld | 2.6. |
| 25,38 | Bernd Reiser | 69 | A | Cuxhaven | 16.6. |
| 25,12 | Steffen Gatz | 68 | V | Verden | 5.5. |

Mä. Jgd. B

| | | | | | |
|-------|----------------|----|----|----------|-------|
| 27,86 | Stefan Kümpel | 70 | Ki | Verden | 30.8. |
| 26,94 | Bernd Reiser | 69 | A | Verden | 5.5. |
| 25,34 | Thilo Girndt | 69 | V | Hannover | 30.6. |
| 25,14 | Stefan Heine | 69 | A | Hannover | 30.6. |
| 23,36 | Rüdiger Hitz | 70 | A | Hannover | 30.6. |
| 19,98 | Thomas Cordes | 70 | A | Verden | 5.5. |
| 18,88 | Martin Arndt | 69 | Ue | Verden | 5.5. |
| 17,86 | Volker Rückert | 69 | Ue | Verden | 5.5. |
| 17,72 | Jan Schmidt | 70 | A | Verden | 5.5. |

Speerwerfen

Männer

| | | | | | |
|-------|-----------------------|----|-----|---------|-------|
| 54,96 | Knut Husmann | 61 | V | Essen | 16.5. |
| 53,06 | Lutz Weger | 65 | V | Verden | 4.5. |
| 51,04 | Michael Strohbach | 61 | Oy | Verden | 4.5. |
| 47,60 | Thorsten Henszelewski | 65 | Et | Hamburg | 1.6. |
| 47,32 | Gunnar Althausen | 65 | V | Hamburg | 1.6. |
| 47,12 | Stefan Mattern | 65 | A | Verden | 4.5. |
| 46,28 | Ralph Kothe | 64 | A | Verden | 4.5. |
| 44,82 | Ulrich Schmidt | 63 | A | Verden | 4.5. |
| 44,58 | Sven Suhling | 66 | Bas | Verden | 15.9. |
| 43,76 | Jürgen Mems | 57 | V | Verden | 24.8. |

Mä. Jgd. A

| | | | | | |
|-------|-------------------|----|-----|-----------|-------|
| 57,58 | Bernd Cordes | 68 | Ben | Harsefeld | 2.6. |
| 48,66 | Nils-Holger Wenck | 67 | A | Cuxhaven | 16.6. |
| 43,68 | Frank Meyer | 67 | A | Verden | 5.5. |
| 35,78 | Bernd Reiser | 69 | A | Cuxhaven | 16.6. |
| 35,58 | Frank Olschewski | 67 | A | Verden | 5.5. |
| 34,83 | Cord Husmann | 67 | V | Verden | 5.5. |
| 29,12 | Steffen Gatz | 68 | V | Verden | 5.5. |

Mä. Jgd. B

| | | | | | |
|-------|---------------|----|----|-----------|-------|
| 34,46 | Thomas Cordes | 70 | A | Hemmoor | 11.6. |
| 33,48 | Stefan Kümpel | 70 | Ki | Harsefeld | 2.6. |

Hammerwerfen

Männer

| | | | | | |
|-------|-----------------|----|-----|----------|-------|
| 40,74 | Sven Suhling | 66 | Bas | Löningen | 22.9. |
| 35,00 | Wolfgang Pofahl | 48 | V | Hamburg | 1.6. |
| 26,16 | Helmut Behrmann | 46 | A/V | Hamburg | 1.6. |

Mä. Jgd. A

| | | | | | |
|-------|------------------|----|-----|--------|-------|
| 37,26 | Cord Husmann | 67 | V | Verden | 24.8. |
| 22,80 | Fred Schroll | 68 | Dör | Verden | 21.9. |
| 16,74 | Frank Olschewski | 67 | A | Verden | 27.4. |

Mehrkämpfe

Männer

Fünfkampf

| | | | | | |
|------|--|----|----|----------|-------|
| 3341 | Lutz Weger | 65 | V | Verden | 4.5. |
| | 6,78 - 53,06 - 23,3 - 33,16 - 4:43,1 | | | | |
| 3260 | Ralph Kothe | 64 | A | Verden | 4.5. |
| | 6,69 - 46,28 - 22,9 - 27,44 - 4:25,7 | | | | |
| 3203 | Michael Strohbach | 61 | Oy | Hannover | 29.9. |
| | 6,89 - 48,76 - 23,05 - 34,52 - 5:08,88 | | | | |
| 3177 | Ulrich Schmidt | 63 | A | Verden | 4.5. |
| | 6,21 - 44,82 - 24,1 - 34,96 - 4:23,8 | | | | |
| 2900 | Thorsten Henszelewski | 65 | Et | Verden | 4.5. |
| | 5,94 - 47,04 - 24,5 - 29,56 - 4:40,7 | | | | |
| 2661 | Randolf Winkel | 63 | A | Verden | 4.5. |
| | 6,01 - 39,70 - 24,8 - 18,22 - 4:24,8 | | | | |
| 2274 | Michael Siemt | 63 | Ba | Verden | 4.5. |
| | 5,66 - 39,80 - 26,9 - 28,00 - 5:21,8 | | | | |
| 2272 | Rainer Siemt | 61 | Ba | Verden | 4.5. |
| | 5,69 - 28,46 - 24,9 - 24,78 - 5:11,3 | | | | |
| 2161 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
| | 5,80 - 36,74 - 26,5 - 23,90 - 5:31,6 | | | | |

Mannschaft

| | | | | | |
|------|---|--|--|--------|------|
| 9778 | LGKV | | | Verden | 4.5. |
| | Weger 3341 - Kothe 3260 - Schmidt 3177 | | | | |
| 7835 | LGKV | | | Verden | 4.5. |
| | Henszelewski 2900 - Winkel 2661 - M. Siemt 2274 | | | | |

Zehnkampf

| | | | | | |
|--------|--|----|-----|----------|-----------|
| 6801 e | Lutz Weger | 65 | V | Hannover | 15./16.6. |
| | 11,44 - 6,97 - 11,96 - 1,76 - 50,04 | | | | |
| | 15,67 - 35,18 - 3,90 - 51,36 - 4:39,51 | | | | |
| 6354 | Michael Strohbach | 61 | Oy | Verden | 14./15.9. |
| | 11,2 - 6,94 - 11,18 - 1,76 - 52,6 | | | | |
| | 16,1 - 35,46 - 3,70 - 45,90 - 5:05,0 | | | | |
| 6094 e | Ulrich Schmidt | 63 | A | Hannover | 15./16.6. |
| | 12,03 - 6,28 - 10,12 - 1,84 - 53,23 | | | | |
| | 17,13 - 32,44 - 3,90 - 43,90 - 4:27,40 | | | | |
| 5203 e | Thorsten Henszelewski | 65 | Et | Hannover | 15./16.6. |
| | 12,15 - 5,84 - 10,12 - 1,68 - 55,33 | | | | |
| | 19,79 - 29,94 - 3,20 - 45,70 - 4:43,00 | | | | |
| 4828 | Michael Siemt | 63 | Ba | Verden | 14./15.9. |
| | 12,4 - 6,13 - 8,95 - 1,76 - 58,2 | | | | |
| | 18,1 - 26,00 - 3,00 - 40,50 - 5:22,0 | | | | |
| 4372 | Sven Suhling | 66 | Bas | Verden | 14./15.9. |
| | 12,0 - 5,53 - 11,49 - 1,76 - 61,4 | | | | |
| | 20,3 - 28,64 - 2,50 - 44,58 - 6:03,8 | | | | |

Mannschaftszehnkampf

| | | | | | |
|-------|---|--|--|----------|-----------|
| 18098 | LGKV I | | | Hannover | 15./16.6. |
| | Weger 6801 - Strohbach 6094 - Henszelewski 5203 | | | | |
| 15554 | LGKV II | | | Verden | 14./15.9. |
| | Strohbach 6354 - M. Siemt 4828 - Suhling 4372 | | | | |

Mä. Jgd. A

Fünfkampf

| | | | | | |
|--------|-------------------------------------|----|-----|----------|-------|
| 5939 | Nils-Holger Wenck | 67 | A | Verden | 4.5. |
| | 11,2 - 6,06 - 11,26 - 1,64 - 2:59,2 | | | | |
| 5874 | Bernd Cordes | 68 | Ben | Stade | 18.5. |
| | 12,0 - 5,65 - 10,62 - 1,82 - 2:58,0 | | | | |
| 5827 | Frank Meyer | 67 | A | Stade | 18.5. |
| | 12,3 - 5,98 - 12,24 - 1,78 - 3:05,1 | | | | |
| 5305 e | Bernd Reiser | 69 | A | Cuxhaven | 15.6. |
| | 12,22 - 5,40 - 9,23 - 1,51 - 2:58,4 | | | | |
| 5316 | Cord Husmann | 67 | V | Verden | 4.5. |
| | 12,9 - 5,41 - 10,36 - 1,64 - 3:06,2 | | | | |
| 5226 | Mark Daniels | 67 | A | Stade | 18.5. |
| | 12,4 - 5,17 - 9,43 - 1,62 - 3:10,4 | | | | |
| 5142 | Steffen Gatz | 68 | V | Verden | 4.5. |
| | 12,2 - 5,40 - 7,39 - 1,52 - 3:01,4 | | | | |
| 4954 | Tim Schmidt | 68 | A | Verden | 4.5. |
| | 12,8 - 5,05 - 7,33 - 1,52 - 2:59,7 | | | | |
| 4916 | Frank Olschewski | 67 | A | Verden | 4.5. |
| | 12,8 - 5,23 - 8,93 - 1,48 - 3:19,1 | | | | |

Mannschafts-Fünfkampf

| | | | | |
|-------|---|--|--------|------|
| 27596 | LGKV | | Verden | 4.5. |
| | Wenck 5939 - Cordes 5766 - Meyer 5433 - Husmann 5316 - Gatz 5142 | | | |

Zehnkampf

| | | | | | |
|---------|--|----|-----|----------|-----------|
| 11942 e | Nils-Holger Wenck | 67 | A | Cuxhaven | 15./16.6. |
| | 11,53 - 6,03 - 10,37 - 1,67 - 2:59,3 15,76 - 25,98 - 3,60 - 48,66 - 53,67 | | | | |
| 11420 e | Bernd Cordes | 68 | Ben | Cuxhaven | 15./16.6. |
| | 12,01 - 5,36 - 11,34 - 1,79 - 3:01,3 20,22 - 29,88 - 3,00 - 55,56 - 56,38 | | | | |
| 11130 e | Frank Meyer | 67 | A | Cuxhaven | 15./16.6. |
| | 12,38 - 6,00 - 11,08 - 1,71 - 3:13,8 17,53 - 26,66 - 3,10 - 38,18 - 57,89 | | | | |
| 10550 | Cord Husmann | 67 | V | Verden | 4./5.5. |
| | 12,9 - 5,41 - 10,36 - 1,64 - 3:06,2 18,1 - 30,34 - 2,50 - 34,82 - 60,1 | | | | |
| 10127 | Steffen Gatz | 68 | V | Verden | 4./5.5. |
| | 12,2 - 5,40 - 7,39 - 1,52 - 3:01,4 21,4 - 25,12 - 2,70 - 29,12 - 57,7 | | | | |
| 9953 | Frank Olschewski | 67 | A | Verden | 4./5.5. |
| | 12,8 - 5,23 - 8,93 - 1,48 - 3:19,1 18,7 - 22,54 - 2,50 - 35,58 - 60,4 | | | | |
| 9612 e | Bernd Reiser | 69 | A | Cuxhaven | 15./16.6. |
| | 12,22 - 5,40 - 9,23 - 1,51 - 2:58,4 19,64 - 25,38 - ogV - 35,78 - 53,82 | | | | |

Mannschafts-Zehnkampf

| | | | | |
|-------|---|--|----------|-----------|
| 34492 | LGKV I | | Cuxhaven | 15./16.6. |
| | Wenck 11942 - Cordes 11420 - Meyer 11130 | | | |
| 30630 | LGKV II | | Verden | 4./5.5. |
| | Husmann 10550 - Gatz10127 - Olschewski 9953 | | | |

Mä. Jgd. B

Fünfkampf

| | | | | | |
|--------|---------------------------------------|----|----|----------|-------|
| 5713 | Bernd Reiser | 69 | A | Sottrum | 18.5. |
| | 11,9 - 5,71 - 10,40 - 1,69 - 2:57,3 | | | | |
| 5459 e | Thilo Girndt | 69 | V | Hannover | 29.6. |
| | 11,92 - 5,46 - 10,73 - 1,54 - 3:04,78 | | | | |
| 5237 e | Rüdiger Hitz | 70 | A | Hannover | 29.6. |
| | 12,77 - 5,43 - 10,42 - 1,62 - 3:16,77 | | | | |
| 5199 e | Stefan Heine | 69 | A | Hannover | 29.6. |
| | 12,34 - 5,18 - 10,52 - 1,50 - 3:10,75 | | | | |
| 5168 | Thorsten Born | 69 | A | Sottrum | 18.5. |
| | 12,0 - 5,49 - 8,00 - 1,65 - 3:26,4 | | | | |
| 5090 | Stefan Kümpel | 70 | Ki | Hamburg | 7.9. |
| | 12,7 - 5,23 - 9,60 - 1,60 - 3:20,8 | | | | |

| | | | | | |
|------|------------------------------------|----|----|---------|-------|
| 4895 | Jan Schmidt | 70 | A | Verden | 4.5. |
| | 13,2 - 4,61 - 7,86 - 1,48 - 2:48,7 | | | | |
| 4853 | Martin Arndt | 69 | Ue | Sottrum | 18.5. |
| | 13,2 - 4,78 - 8,49 - 1,65 - 3:20,8 | | | | |
| 4649 | Thomas Cordes | 70 | A | Verden | 4.5. |
| | 12,6 - 4,93 - 8,37 - 1,44 - 3:39,2 | | | | |
| 4625 | Volker Rückert | 69 | Ue | Verden | 4.5. |
| | 13,6 - 4,45 - 7,80 - 1,40 - 2:55,9 | | | | |

Mannschafts-Fünfkampf

| | | | | | |
|-------|--|--|--|----------|-------|
| 26505 | LGKV | | | Hannover | 29.6. |
| | Reiser 5654 - Girndt 5459 - Hitz 5237 - Heine 5199 - Kümpel 4956 | | | | |

Achtkampf

| | | | | | |
|--------|---------------------------------------|----|----|----------|-----------|
| 9104 | Bernd Reiser | 69 | A | Sottrum | 18./19.5. |
| | 11,9 - 5,71 - 10,40 - 1,69 - 2:57,3 | | | | |
| | 16,2 - 24,14 - 3,00 | | | | |
| 8659 e | Stefan Heine | 69 | A | Hannover | 29./30.6. |
| | 12,34 - 5,18 - 10,52 - 1,50 - 3:10,75 | | | | |
| | 17,38 - 25,14 - 3,50 | | | | |
| 8610 e | Thilo Girndt | 69 | V | Hannover | 29./30.6. |
| | 11,92 - 5,46 - 10,73 - 1,54 - 3:04,78 | | | | |
| | 18,42 - 25,34 - 2,70 | | | | |
| 8367 | Stefan Kümpel | 70 | Ki | Hamburg | 7./8.9. |
| | 12,7 - 5,23 - 9,60 - 1,60 - 3:20,8 | | | | |
| | 18,9 - 26,84 - 3,10 | | | | |
| 8303 e | Rüdiger Hitz | 70 | A | Hannover | 29./30.6. |
| | 12,77 - 5,43 - 10,42 - 1,62 - 3:16,77 | | | | |
| | 17,57 - 23,36 - 2,40 | | | | |
| 7749 | Martin Arndt | 69 | Ue | Sottrum | 18./19.5. |
| | 13,2 - 4,78 - 8,49 - 1,65 - 3:20,8 | | | | |
| | 19,7 - 17,84 - 2,80 | | | | |
| 7523 | Jan Schmidt | 70 | A | Verden | 4./5.5. |
| | 13,2 - 4,61 - 7,86 - 1,48 - 2:48,7 | | | | |
| | 20,2 - 17,72 - 2,10 | | | | |
| 7244 | Thomas Cordes | 70 | A | Verden | 4./5.5. |
| | 12,6 - 4,93 - 8,37 - 1,44 - 3:39,2 | | | | |
| | 22,0 - 19,98 - 2,10 | | | | |
| 7235 | Volker Rückert | 69 | Ue | Verden | 4./5.5. |
| | 13,6 - 4,45 - 7,80 - 1,40 - 2:55,9 | | | | |
| | 21,9 - 17,86 - 2,30 | | | | |

Mannschafts-Achtkampf

| | | | | | |
|---------|--|--|--|----------|-----------|
| 26273 e | LGKV I | | | Hannover | 29./30.6. |
| | Reiser 9004 - Heine 8659 - Girndt 8610 | | | | |
| 22530 | LGKV II | | | Verden | 4./5.5. |
| | Kümpel 7763 - Schmidt 7523 - Cordes 7244 | | | | |

Frauen und Weibliche Jugend

100 m

Frauen

| | | | | | |
|------|-----------------|----|----|-----------|------|
| 14,8 | Claudia Rosenke | 66 | Ba | Harsefeld | 2.6. |
| 16,1 | Dagmar Köster | 50 | Ba | Baden | 8.9. |
| 18,3 | Renate Goldberg | 56 | Ba | Baden | 8.9. |

Wbl. Jgd. A

| | | | | | |
|-------|--------------|----|-----|-----------|-------|
| 13,0 | Sabine Kunze | 68 | A | Harsefeld | 2.6. |
| 14,7 | Anne Ortmann | 67 | Rie | Riede | 29.6. |
| 15,26 | Silke Meier | 67 | Mor | Verden | 30.8. |

Wbl. Jgd. B

| | | | | | |
|------|-----------------------|----|-----|--------------|-------|
| 12,5 | Birgit Pahl | 69 | Ba | Harsefeld | 2.6. |
| 12,9 | Dagmar Rettkowski | 70 | Ki | Riede | 29.6. |
| 13,4 | Anke Liebetrau | 69 | A | Harsefeld | 2.6. |
| 14,0 | Katja Plate | 70 | Rie | Harsefeld | 2.6. |
| 14,0 | Petra Kattau | 70 | Rie | Riede | 29.6. |
| 14,9 | Yvonne Behr | 70 | Rie | Emtinghausen | 13.7. |
| 15,2 | Tanja Becker | 70 | Ba | Baden | 8.9. |
| 15,7 | Susanne Martens | 70 | Ba | Harsefeld | 2.6. |
| 16,7 | Christine Klingenberg | 70 | Ba | Harsefeld | 2.6. |

200 m

Wbl. Jgd. A

| | | | | | |
|------|--------------|----|---|-----------|------|
| 26,9 | Sabine Kunze | 68 | A | Harsefeld | 2.6. |
|------|--------------|----|---|-----------|------|

Wbl. Jgd. B

| | | | | | |
|------|----------------|----|---|-----------|------|
| 28,6 | Anke Liebetrau | 69 | A | Harsefeld | 2.6. |
|------|----------------|----|---|-----------|------|

400 m

Wbl. Jgd. A

| | | | | | |
|-------|-------------|----|-----|--------|-------|
| 72,08 | Silke Meier | 67 | Mor | Bremen | 16.5. |
|-------|-------------|----|-----|--------|-------|

800 m

Frauen

| | | | | | |
|---------|-------------------|----|-----|--------|-------|
| 2:22,72 | Celia Duncan | 53 | V | Verden | 30.8. |
| 2:27,01 | Barbara Bernecker | 65 | V | Verden | 6.10. |
| 2:38,55 | Anke Reinecke | 66 | A | Verden | 30.8. |
| 2:51,41 | Christa Liebscher | 50 | Mor | Verden | 30.8. |
| 3:04,53 | Ingrid Heger | 52 | Mor | Verden | 30.8. |

Wbl. Jgd. A

| | | | | | |
|---------|-----------------|----|-----|--------|-------|
| 2:38,9 | Sabine Kunze | 68 | A | Verden | 5.5. |
| 2:39,3 | Andrea Joergler | 68 | A | Verden | 5.5. |
| 2:40,88 | Antje Geiler | 68 | V | Verden | 6.10. |
| 3:20,9 | Silke Meier | 67 | Mor | Verden | 5.5. |

Wbl. Jgd. B

| | | | | | |
|--------|-----------------------|----|-----|-----------|-------|
| 2:44,3 | Nicole Budig | 70 | Ben | Sottrum | 19.5. |
| 3:02,6 | Tanja Becker | 70 | Ba | Sottrum | 19.5. |
| 3:08,5 | Katja Plate | 70 | Rie | Sottrum | 19.5. |
| 3:24,3 | Christine Klingenberg | 70 | Ba | Harsefeld | 2.6. |

1500 m

Frauen

| | | | | | |
|---------|-------------------|----|---|----------|-------|
| 4:59,37 | Barbara Bernecker | 65 | V | Wunstorf | 21.9. |
| 5:17,18 | Anke Reinecke | 66 | A | Bremen | 20.6. |

Wbl. Jgd. A

| | | | | | |
|---------|--------------|----|---|--------|-------|
| 5:02,42 | Sabine Kunze | 68 | A | Verden | 27.4. |
| 5:25,0 | Antje Geiler | 68 | V | Syke | 18.9. |

3000 m

Frauen

| | | | | | |
|----------|-------------------|----|-----|---------|-------|
| 10:00,21 | Celia Duncan | 53 | V | Verden | 21.9. |
| 10:27,79 | Barbara Bernecker | 65 | V | Hamburg | 7.7. |
| 11:05,2 | Anke Reinecke | 66 | A | Weyhe | 4.9. |
| 12:28,62 | Heidrun Wrona | 42 | V | Verden | 21.9. |
| 12:38,50 | Liselotte Schultz | 20 | V | Verden | 21.9. |
| 12:43,0 | Renate Drews | 41 | Ben | Oyten | 14.4. |
| 13:14,20 | Gerta Lindhorst | 36 | V | Verden | 21.9. |
| 16:52,5 | Sigrid Corus | 25 | Oy | Oyten | 14.4. |

Wbl. Jgd. A

| | | | | | |
|----------|--------------|----|---|--------|-------|
| 12:05,55 | Antje Geiler | 68 | V | Verden | 21.9. |
|----------|--------------|----|---|--------|-------|

5000 mFrauen

| | | | | | |
|---------|-------------------|----|-----|--------|-------|
| 17:29,0 | Celia Duncan | 53 | V | Verden | 2.7. |
| 18:51,9 | Barbara Bernecker | 65 | V | Verden | 2.7. |
| 19:31,8 | Rosemarie May | 40 | V | Verden | 2.7. |
| 19:52,8 | Anke Reinecke | 66 | A | Verden | 2.7. |
| 20:55,7 | Heidrun Wrona | 42 | V | Weyhe | 10.7. |
| 20:57,7 | Helga Sievers | 37 | Ue | Weyhe | 10.7. |
| 21:16,9 | Renate Drews | 41 | Ben | Verden | 2.7. |
| 21:58,0 | Liselotte Schultz | 20 | V | Verden | 2.7. |
| 22:02,2 | Renate Schäfer | 45 | V | Weyhe | 22.5. |
| 22:25,4 | Gerta Lindhorst | 36 | V | Verden | 10.7. |

10000 mFrauen

| | | | | | |
|----------|-------------------|----|-----|--------|-------|
| 39:50,54 | Celia Duncan | 53 | V | Verden | 27.4. |
| 39:50,0 | Anke Reinecke | 66 | A | Verden | 16.7. |
| 39:51,5 | Rosemarie May | 40 | V | Verden | 16.7. |
| 41:54,22 | Barbara Bernecker | 65 | V | Verden | 27.4. |
| 42:35,5 | Heidrun Wrona | 42 | V | Verden | 16.7. |
| 42:35,5 | Helga Sievers | 37 | Ue | Verden | 16.7. |
| 43:53,8 | Renate Drews | 41 | Ben | Syke | 18.9. |
| 44:20,9 | Liselotte Schultz | 20 | V | Verden | 16.7. |
| 44:56,5 | Renate Schäfer | 45 | V | Weyhe | 5.6. |
| 45:53,10 | Bärbel Kuhlmann | 62 | A | Verden | 27.4. |

25 kmFrauen

| | | | | | |
|---------|-------------------|----|-----|----------|--------|
| 1:37:23 | Celia Duncan | 53 | V | Bremen | 23.3. |
| 1:44:04 | Rosemarie May | 40 | V | Scheeßel | 26.10. |
| 1:49:47 | Anke Reinecke | 66 | A | Bremen | 23.3. |
| 1:52:08 | Helga Sievers | 37 | Ue | Bokel | 1.9. |
| 1:54:14 | Heidrun Wrona | 42 | V | Bremen | 23.3. |
| 2:04:32 | Gerta Lindhorst | 36 | V | Scheeßel | 26.10. |
| 2:12:02 | Ingrid Heger | 52 | Mor | Daverden | 17.6. |
| 2:13:06 | Christa Liebscher | 50 | Mor | Daverden | 17.6. |

25 km Mannschaft

| | | | | | |
|---------|--|--|--|----------|-------|
| 5:13:21 | LGKV I Duncan - May - Reinecke | | | Bremen | 23.3. |
| 6:21:24 | LGKV II Sievers - Heger - Liebscher | | | Daverden | 17.6. |

Marathon

Frauen

| | | | | | |
|---------|-------------------|----|-----|----------|-------|
| 2:45:49 | Celia Duncan | 53 | V | Berlin | 29.9. |
| 3:04:29 | Rosemarie May | 40 | V | Daverden | 17.6. |
| 3:12:03 | Anke Reinecke | 66 | A | Bremen | 28.4. |
| 3:20:25 | Helga Sievers | 37 | Ue | Berlin | 29.9. |
| 3:21:49 | Heidrun Wrona | 42 | V | Berlin | 29.9. |
| 3:28:10 | Liselotte Schultz | 20 | V | Berlin | 29.9. |
| 3:44:32 | Renate Drews | 41 | Ben | Berlin | 29.9. |
| 3:45:12 | Gerta Lindhorst | 36 | V | Berlin | 29.9. |
| 4:15:10 | Renate Schäfer | 45 | V | Berlin | 29.9. |

Marathon Mannschaft

| | | | | | |
|----------|----------------------------------|--|--|--------|-------|
| 9:13:52 | LGKV I Duncan - May - Sievers | | | Berlin | 30.9. |
| 10:34:31 | LGKV Wrona - Schultz - Drews | | | Berlin | 30.9. |

100 m Hürden

Weibl. Jgd. A

| | | | | | |
|------|-----------------|----|-----|--------|------|
| 18,5 | Sabine Kunze | 68 | A | Verden | 5.5. |
| 20,0 | Anke Liebetrau | 69 | A | Verden | 5.5. |
| 20,3 | Andrea Joergler | 68 | A | Verden | 5.5. |
| 22,6 | Silke Meier | 67 | Mor | Verden | 5.5. |

Wbl. Jgd. B

| | | | | | |
|------|-------------|----|-----|-----------|------|
| 18,3 | Katja Plate | 70 | Rie | Harsefeld | 2.6. |
|------|-------------|----|-----|-----------|------|

4 x 100 m

Weibl. Jgd. B

| | | | | | |
|------|---|--|--|-----------|------|
| 52,1 | LGKV Plate - Pahl - Liebetrau - Rettkowski | | | Harsefeld | 2.6. |
|------|---|--|--|-----------|------|

Weitsprung

Frauen

| | | | | | |
|------|-------------------|----|-----|-----------|-------|
| 4,36 | Dagmar Köster | 50 | Ba | Baden | 8.9. |
| 4,30 | Anke Richter | 64 | Mor | Morsum | 11.7. |
| 4,17 | Anke Helmke | 66 | A | Harsefeld | 2.6. |
| 3,62 | Elke Wolle | 62 | Rie | Riede | 29.6. |
| 3,46 | Christa Liebscher | 50 | Mor | Morsum | 11.7. |
| 3,40 | Jutta Könecke | 53 | Ba | Baden | 8.9. |
| 3,37 | Karin Wolten | 44 | Ba | Baden | 8.9. |
| 3,36 | Gisela Meyer | 47 | Rie | Riede | 29.6. |
| 3,35 | Anneliese Kampf | 40 | Rie | Riede | 29.6. |
| 3,34 | Irmgard Kattau | 46 | Rie | Riede | 29.6. |

Wbl. Jgd. A

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 4,61 | Sabine Kunze | 68 | A | Verden | 5.5. |
| 4,47 | Andrea Joergler | 68 | A | Verden | 5.5. |
| 4,45 | Silke Meier | 67 | Mor | Verden | 5.5. |
| 3,69 | Anne Ortmann | 67 | Rie | Riede | 29.6. |

Wbl. Jgd. B

| | | | | | |
|------|-----------------------|----|-----|-----------|-------|
| 5,64 | Birgit Pahl | 69 | Ba | Harsefeld | 2.6. |
| 4,84 | Dagmar Rettkowski | 70 | Ki | Harsefeld | 2.6. |
| 4,45 | Nicole Budig | 70 | Ben | Sottrum | 19.5. |
| 4,44 | Katja Plate | 70 | Rie | Sottrum | 19.5. |
| 4,40 | Tanja Becker | 70 | Ba | Sottrum | 19.5. |
| 3,98 | Anke Liebetrau | 69 | A | Verden | 5.5. |
| 3,88 | Petra Kattau | 70 | Rie | Riede | 29.6. |
| 3,67 | Yvonne Behr | 70 | Rie | Riede | 29.6. |
| 3,03 | Christine Klingenberg | 70 | Ba | Harsefeld | 2.6. |

Hochsprung

Wbl. Jgd. A

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 1,52 | Andrea Joergler | 68 | A | Stade | 18.5. |
| 1,50 | Silke Meier | 67 | Mor | Morsum | 11.7. |
| 1,35 | Sabine Kunze | 68 | A | Verden | 5.5. |

Wbl. Jgd. B

| | | | | | |
|------|-------------------|----|-----|-----------|-------|
| 1,71 | Birgit Pahl | 69 | Ba | Verden | 30.8. |
| 1,45 | Katja Plate | 70 | Rie | Harsefeld | 2.6. |
| 1,35 | Dagmar Rettkowski | 70 | Ki | Harsefeld | 2.6. |
| 1,32 | Tanja Becker | 70 | Ba | Sottrum | 19.5. |
| 1,32 | Claudia Puck | 70 | Ba | Hemmoor | 11.6. |
| 1,25 | Vera Miekeley | 69 | V | Verden | 27.4. |
| 1,23 | Anke Liebetrau | 69 | A | Verden | 5.5. |

Kugelstoßen

Frauen

| | | | | | |
|-------|-----------------|----|-----|--------|-------|
| 12,73 | Dagmar Köster | 50 | Ba | Gronau | 30.6. |
| 8,99 | Birgit Schwers | 62 | V | Verden | 27.4. |
| 8,30 | Ursula Schmidt | 53 | V | Zeven | 25.5. |
| 8,03 | Gisela Meyer | 47 | Rie | Riede | 29.6. |
| 7,72 | Anneliese Kampf | 40 | Rie | Riede | 29.6. |
| 7,30 | Ulrike Schröder | 62 | Ba | Verden | 27.4. |
| 7,06 | Edelgard Plate | 49 | Rie | Riede | 29.6. |
| 6,88 | Anke Helmke | 66 | A | Verden | 27.4. |
| 6,85 | Irmgard Kattau | 46 | Rie | Riede | 29.6. |
| 6,70 | Jutta Könecke | 53 | Ba | Baden | 8.9. |
| 6,70 | Adda Weber | 40 | Ba | Baden | 8.9. |

Wbl. Jgd. A

| | | | | | |
|------|-----------------|----|-----|-----------|-------|
| 7,82 | Anne Ortmann | 67 | Rie | Riede | 29.6. |
| 7,77 | Silke Meier | 67 | Mor | Harsefeld | 2.6. |
| 7,75 | Andrea Joergler | 68 | A | Verden | 5.5. |
| 6,85 | Sabine Kunze | 68 | A | Verden | 5.5. |

Wbl. Jgd. B

| | | | | | |
|-------|-------------------|----|-----|-----------|-------|
| 10,18 | Anke Liebetrau | 69 | A | Harsefeld | 2.6. |
| 9,48 | Birgit Pahl | 69 | Ba | Verden | 21.9. |
| 8,07 | Katja Plate | 70 | Rie | Riede | 29.6. |
| 7,36 | Dagmar Rettkowski | 70 | Ki | Riede | 29.6. |
| 7,29 | Petra Kattau | 70 | Rie | Riede | 29.6. |
| 6,55 | Susanne Martens | 70 | Ba | Harsefeld | 2.6. |
| 6,10 | Nicole Budig | 70 | Ben | Sottrum | 19.5. |
| 6,06 | Tanja Becker | 70 | Ba | Baden | 8.9. |
| 5,91 | Yvonne Behr | 70 | Rie | Riede | 29.6. |

Diskuswerfen

Frauen

| | | | | | |
|-------|-------------------|----|-----|--------|-------|
| 34,66 | Dagmar Köster | 50 | Ba | Morsum | 23.5. |
| 27,64 | Birgit Schwers | 62 | V | Verden | 27.4. |
| 23,64 | Ursula Schmidt | 53 | V | Langen | 8.6. |
| 16,32 | Christa Husmann | 36 | V | Morsum | 23.5. |
| 14,42 | Ingrid Heger | 52 | Mor | Morsum | 23.5. |
| 13,08 | Christa Liebscher | 50 | Mor | Morsum | 23.5. |

Wbl. Jgd. A

| | | | | | |
|-------|-------------|----|-----|-----------|------|
| 22,68 | Silke Meier | 67 | Mor | Harsefeld | 2.6. |
|-------|-------------|----|-----|-----------|------|

Speerwerfen

Frauen

| | | | | | |
|-------|-------------------|----|-----|-----------|-------|
| 21,90 | Claudia Rosenke | 66 | Ba | Harsefeld | 2.6. |
| 14,24 | Ingrid Heger | 52 | Mor | Morsum | 23.5. |
| 13,40 | Christa Husmann | 36 | V | Morsum | 23.5. |
| 8,50 | Christa Liebscher | 50 | Mor | Morsum | 23.5. |

Wbl. Jgd. A

| | | | | | |
|-------|-------------|----|-----|--------|-------|
| 26,94 | Silke Meier | 67 | Mor | Bremen | 16.5. |
|-------|-------------|----|-----|--------|-------|

Wbl. Jgd. B

| | | | | | |
|-------|----------------|----|---|---------|-------|
| 30,56 | Anke Liebetrau | 69 | A | Hemmoor | 11.6. |
|-------|----------------|----|---|---------|-------|

Fünfkampf

Wbl. Jgd. A

| | | | | | |
|------|------------------------------------|----|-----|--------|------|
| 4063 | Andrea Joergler | 68 | A | Verden | 5.5. |
| | 20,3 - 7,75 - 4,47 - 1,47 - 2:39,3 | | | | |
| 4007 | Sabine Kunze | 68 | A | Verden | 5.5. |
| | 18,5 - 6,85 - 4,61 - 1,47 - 2:38,9 | | | | |
| 3598 | Silke Meier | 67 | Mor | Verden | 5.5. |
| | 22,6 - 7,58 - 4,45 - 1,47 - 3:20,9 | | | | |
| 3373 | Anke Liebetrau | 69 | A | Verden | 5.5. |
| | 20,0 - 8,48 - 3,98 - 1,23 - 3:23,2 | | | | |

Wbl. Jgd. B

| | | | | | |
|------|------------------------------------|----|-----|---------|-------|
| 3769 | Katja Plate | 70 | Rie | Sottrum | 19.5. |
| | 17,9 - 4,44 - 7,37 - 1,32 - 3:08,5 | | | | |
| 3598 | Tanja Becker | 70 | Ba | Sottrum | 19.5. |
| | 19,0 - 4,40 - 5,90 - 1,32 - 3:02,6 | | | | |
| 2901 | Nicole Budig | 70 | Ben | Sottrum | 19.5. |
| | 20,0 - 4,45 - 6,10 - ogV - 2:44,3 | | | | |

Schüler A

100 m

| | | | | | |
|-------|-------------------|----|-----|--------------|-------|
| 12,5 | Oliver Poolke | 71 | Emt | Eminghausen | 25.8. |
| 13,35 | Oliver Drewes | 71 | Dör | Verden | 30.8. |
| 13,3 | Gerrit Behm | 72 | V | Braunschweig | 29.9. |
| 13,4 | Arne Wilkens | 71 | Emt | Hoya | 11.9. |
| 13,4 | Olaf Poppe | 71 | Dör | Hoya | 11.9. |
| 13,5 | Henning Bleckwenn | 71 | Ba | Oyten | 11.5. |
| 13,5 | Thomas Rettkowski | 71 | Ki | Riede | 29.6. |
| 13,6 | Stefan Grahl | 71 | Emt | Hoya | 11.9. |
| 13,8 | Heiko Aucamp | 71 | Ba | Oyten | 11.5. |
| 13,9 | Mark Erichs | 71 | V | Oyten | 11.5. |

1000 m

| | | | | | |
|---------|-------------------|----|-----|--------------|-------|
| 3:00,7 | Gerrit Behm | 72 | V | Braunschweig | 29.9. |
| 3:00,9 | Oliver Poolke | 71 | Emt | Braunschweig | 29.9. |
| 3:16,28 | Oliver Drewes | 71 | Dör | Verden | 30.8. |
| 3:15,4 | Heiko Aucamp | 71 | Ba | Drochtersen | 14.9. |
| 3:15,4 | Christian Daust | 72 | Ba | Braunschweig | 29.9. |
| 3:18,41 | Axel Eberhardt | 71 | V | Verden | 30.8. |
| 3:24,69 | Thorsten Damm | 72 | V | Verden | 30.8. |
| 3:26,55 | Lars Meyer | 72 | V | Verden | 30.8. |
| 3:33,47 | Jan Wilkens | 72 | Emt | Verden | 30.8. |
| 3:39,96 | Henning Bleckwenn | 71 | Ba | Verden | 30.8. |

2000 m

| | | | | | |
|---------|-------------------|----|-----|--------|-------|
| 7:04,33 | Gerrit Behm | 72 | V | Verden | 6.10. |
| 7:08,71 | Oliver Poolke | 71 | Emt | Verden | 6.10. |
| 7:13,60 | Heiko Aucamp | 71 | Ba | Verden | 6.10. |
| 7:24,90 | Axel Eberhardt | 71 | V | Verden | 6.10. |
| 7:32,11 | Arne Wilkens | 71 | Emt | Verden | 6.10. |
| 7:49,32 | Carsten Bohlmann | 71 | Dör | Verden | 6.10. |
| 7:57,75 | Henning Bleckwenn | 71 | Ba | Verden | 6.10. |
| 8:00,95 | Andreas Schröder | 71 | Dör | Verden | 6.10. |
| 8:54,59 | Volkhard Schwinge | 72 | V | Verden | 6.10. |
| 9:14,59 | Stefan Brandes | 72 | Ba | Verden | 6.10. |

3000 m

| | | | | | |
|---------|-------------------|----|-----|-------|------|
| 11:05,9 | Oliver Poolke | 71 | Emt | Weyhe | 4.9. |
| 12:37,3 | Jan Wilkens | 72 | Emt | Weyhe | 4.9. |
| 12:42,5 | Stefan Schumacher | 71 | Emt | Weyhe | 4.9. |

80 m Hürden

| | | | | | |
|------|-------------------|----|----|--------------|-------|
| 13,7 | Axel Eberhardt | 71 | V | Braunschweig | 29.9. |
| 14,8 | Henning Bleckwenn | 71 | Ba | Braunschweig | 29.9. |

4 x 100 m

| | | | | | |
|------|---|--|--|--------------|-------|
| 53,2 | LGKV I Aucamp 71 - Bleckwenn 71 - Rettkowski 71 - Poolke 71 | | | Freiburg | 23.6. |
| 57,6 | LGKV II Stauga 72 - Schumacher 71 - Nadig 71 - Daust 72 | | | Braunschweig | 29.9. |

3 x 1000 m

| | | | | | |
|----------|--|--|--|--------------|-------|
| 9:43,37 | LGKV I Eberhardt 71 - Poolke 71 - Behm 72 | | | Freiburg | 23.6. |
| 10:28,88 | LGKV II Meyer 72 - Damm 72 - Stauga 72 | | | Braunschweig | 29.9. |

Weitsprung

| | | | | | |
|------|-------------------|----|-----|-----------|-------|
| 5,09 | Oliver Drewes | 71 | Dör | Achim | 22.6. |
| 5,01 | Olaf Poppe | 71 | Dör | Hoya | 11.9. |
| 4,93 | Oliver Poolke | 71 | Emt | Hoya | 11.9. |
| 4,91 | Volkhard Schwinge | 72 | V | Verden | 6.10. |
| 4,81 | Henning Bleckwenn | 71 | Ba | Verden | 6.10. |
| 4,65 | Axel Eberhardt | 71 | V | Verden | 9.6. |
| 4,61 | Heiko Aucamp | 71 | Ba | Verden | 30.8. |
| 4,55 | Thomas Rettkowski | 71 | Ki | Riede | 29.6. |
| 4,51 | Arne Wilkens | 71 | Emt | Rotenburg | 1.6. |
| 4,46 | Gerrit Behm | 72 | V | Rotenburg | 1.6. |

Hochsprung

| | | | | | |
|------|-------------------|----|-----|-----------|-------|
| 1,61 | Marco Schumacher | 71 | Emt | Freiburg | 23.6. |
| 1,56 | Axel Eberhardt | 71 | V | Verden | 6.10. |
| 1,51 | Thomas Rettkowski | 71 | Ki | Rotenburg | 1.6. |
| 1,50 | Gerrit Behm | 72 | V | Oyten | 11.5. |
| 1,48 | Heiko Aucamp | 71 | Ba | Verden | 6.10. |
| 1,45 | Henning Bleckwenn | 71 | Ba | Oyten | 11.5. |
| 1,44 | Andreas Schröder | 71 | Dör | Verden | 6.10. |
| 1,40 | Oliver Poolke | 71 | Emt | Verden | 6.10. |
| 1,35 | Sven Wolters | 71 | Ba | Oyten | 11.5. |

Stabhochsprung

| | | | | | |
|------|----------------|----|---|--------------|-------|
| 2,20 | Peter Stauga | 72 | V | Braunschweig | 29.9. |
| 2,10 | Gerrit Behm | 72 | V | Braunschweig | 29.9. |
| 2,10 | Axel Eberhardt | 71 | V | Braunschweig | 29.9. |

Kugelstoßen (4 kg)

| | | | | | |
|------|-------------------|----|-----|--------------|-------|
| 9,99 | Stefan Kleiner | 72 | Dör | Weyhe | 4.9. |
| 9,76 | Axel Eberhardt | 71 | V | Verden | 6.10. |
| 9,42 | Oliver Drewes | 71 | Dör | Oyten | 11.5. |
| 9,34 | Gerrit Behm | 72 | V | Verden | 6.10. |
| 9,13 | Oliver Poolke | 71 | Emt | Syke | 28.9. |
| 8,83 | Volkhard Schwinge | 72 | V | Morsum | 29.9. |
| 8,75 | Heiko Aucamp | 71 | Ba | Braunschweig | 29.9. |
| 8,52 | Olaf Poppe | 71 | Dör | Verden | 6.10. |
| 8,51 | Carsten Bohlmann | 71 | Dör | Verden | 6.10. |
| 8,21 | Henning Bleckwenn | 71 | Ba | Rotenburg | 1.6. |

Diskuswerfen (1 kg)

| | | | | | |
|-------|--------------------|----|-----|--------------|-------|
| 23,44 | Oliver Poolke | 71 | Emt | Freiburg | 23.6. |
| 23,10 | Heiko Nadig | 71 | Emt | Drochtersen | 14.9. |
| 22,30 | Dirk von Salzen | 71 | Mor | Morsum | 29.9. |
| 21,50 | Jan Müller | 71 | V | Morsum | 29.9. |
| 19,82 | Arne Wilkens | 71 | Emt | Braunschweig | 29.9. |
| 18,26 | Martin Füchtenicht | 72 | V | Morsum | 29.9. |
| 17,76 | Daniel Voigt | 72 | Emt | Morsum | 29.9. |
| 15,28 | Wieland Mundt | 71 | V | Morsum | 29.9. |
| 13,26 | Jan Wilkens | 72 | Emt | Morsum | 29.9. |

Speerwerfen (600 g)

| | | | | | |
|-------|-------------------|----|-----|-------------|-------|
| 36,60 | Oliver Drewes | 71 | Dör | Drochtersen | 14.9. |
| 35,00 | Henning Bleckwenn | 71 | Ba | Verden | 6.10. |
| 34,92 | Volkhard Schwinge | 72 | V | Verden | 6.10. |
| 33,40 | Heiko Nadig | 71 | Emt | Drochtersen | 14.9. |
| 33,18 | Gerrit Behm | 72 | V | Verden | 6.10. |
| 30,24 | Axel Eberhardt | 71 | V | Verden | 6.10. |
| 28,92 | Carsten Bohlmann | 71 | Dör | Verden | 6.10. |
| 27,68 | Heiko Gutzke | 72 | Emt | Weyhe | 4.9. |
| 27,32 | Jan Müller | 71 | V | Verden | 6.10. |
| 26,08 | Heiko Aucamp | 71 | Ba | Freiburg | 23.6. |

Ball (200 g)

| | | | | | |
|------|-------------------|----|-----|-------|-------|
| 59,0 | Oliver Drewes | 71 | Dör | Achim | 22.6. |
| 54,0 | Olaf Poppe | 71 | Dör | Hoya | 11.9. |
| 54,0 | Henning Bleckwenn | 71 | Ba | Achim | 22.6. |
| 49,0 | Heiko Nadig | 71 | Emt | Hoya | 11.9. |
| 48,0 | Heiko Aucamp | 71 | Ba | Achim | 22.6. |
| 47,0 | Oliver Poolke | 71 | Emt | Hoya | 11.9. |
| 44,0 | Thomas Rettkowski | 71 | Ki | Riede | 29.6. |
| 43,5 | Mirko Schwiers | 72 | V | Achim | 22.6. |
| 43,0 | Christian Daust | 72 | Ba | Achim | 22.6. |
| 42,5 | Stefan Kleiner | 72 | Dör | Achim | 22.6. |

Dreikampf

| | | | | | |
|------|-------------------|----|-----|--------------|-------|
| 2847 | Oliver Drewes | 71 | Dör | Achim | 22.6. |
| 2789 | Olaf Poppe | 71 | Dör | Hoya | 11.9. |
| 2782 | Oliver Poolke | 71 | Emt | Emtinghausen | 25.8. |
| 2536 | Thomas Rettkowski | 71 | Ki | Riede | 29.6. |
| 2476 | Arne Wilkens | 71 | Emt | Riede | 29.6. |
| 2476 | Henning Bleckwenn | 71 | Ba | Baden | 8.9. |
| 2370 | Heiko Nadig | 71 | Emt | Riede | 29.6. |
| 2345 | Dirk von Salzen | 71 | Mor | Riede | 29.6. |
| 2311 | Stefan Grahl | 71 | Emt | Riede | 29.6. |
| 2301 | Jan Bergmann | 71 | Rie | Riede | 29.6. |

Mannschaft

| | | | | | |
|-------|--|--|--|-------|-------|
| 12717 | LGKV I Poppe 2789 - Poolke 2771 - Wilkens, A. 2476 - Nadig 2370 - Grahl 2311 | | | Hoya | 11.9. |
| 12029 | LGKV II Drews 2487 - Bleckwenn 2472 - Kleiner 2266 - Aucamp 2224 - Schwiers 2220 | | | Achim | 22.6. |
| 8461 | LGKV III Gutzke 1222 - Kirschgens 1795 - Wilkens, J. 1736 - Siemer 1729 - Sienram 1415 | | | Riede | 29.6. |

Vierkampf

| | | | | | |
|------|--|----|-----|--------|-------|
| 3810 | Oliver Drewes 13,9 - 4,96 - 9,42 - 1,35 | 71 | Dör | Oyten | 11.5. |
| 3699 | Gerrit Behm 13,4 - 4,44 - 8,59 - 1,50 | 72 | V | Oyten | 11.5. |
| 3683 | Axel Eberhardt 14,39 - 4,39 - 9,76 - 1,56 | 71 | V | Verden | 6.10. |
| 3667 | Oliver Poolke 13,41 - 4,68 - 8,71 - 1,40 | 71 | Emt | Verden | 6.10. |

| | | | | | |
|------|---|----|-----|--------|-------|
| 3601 | Henning Bleckwenn 13,5 - 4,56 - 7,81 - 1,45 | 71 | Ba | Oyten | 11.5. |
| 3482 | Heiko Aucamp 13,8 - 4,20 - 8,11 - 1,45 | 71 | Ba | Oyten | 11.5. |
| 3433 | Thomas Rettkowski 13,8 - 4,12 - 7,17 - 1,50 | 71 | Ki | Oyten | 11.5. |
| 3427 | Volkhard Schwinge 14,20 - 4,91 - 8,09 - 1,28 | 72 | V | Verden | 6.10. |
| 3361 | Marco Schumacher 14,7 - 4,34 - 6,81 - 1,53 | 71 | Emt | Oyten | 11.5. |
| 3277 | Carsten Bohlmann 14,04 - 4,44 - 8,51 - 1,20 | 71 | Dör | Verden | 6.10. |

Mannschaft

| | | | | | |
|-------|---|--|--|-------|-------|
| 18199 | LGKV I Drewes 3810 - Behm 3699 - Bleckwenn 3601 - Eberhardt 3580 - Poolke 3509 | | | Oyten | 11.5. |
| 16734 | LGKV II Aucamp 3482 - Rettkowski 3433 - Schumacher 3361 - Wolters 3229 - Daust 3229 | | | Oyten | 11.5. |

Sechskampf

| | | | | | |
|------|---|----|-----|--------|-------|
| 5559 | Gerrit Behm 13,75 - 4,45 - 9,34 - 1,36 - 33,18 - 7:04,33 | 72 | V | Verden | 6.10. |
| 5527 | Axel Eberhardt 14,39 - 4,39 - 9,76 - 1,56 - 30,24 - 7:24,90 | 71 | V | Verden | 6.10. |
| 5355 | Oliver Poolke 13,41 - 4,68 - 8,71 - 1,40 - 19,14 - 7:08,71 | 71 | Emt | Verden | 6.10. |
| 5315 | Henning Bleckwenn 14,25 - 4,81 - 7,30 - 1,44 - 35,01 - 7:57,75 | 71 | Ba | Verden | 6.10. |
| 5142 | Heiko Aucamp 14,46 - 3,77 - 8,61 - 1,48 - 25,82 - 7:13,60 | 71 | Ba | Verden | 6.10. |
| 5092 | Volkhard Schwinge 14,20 - 4,91 - 8,09 - 1,28 - 34,92 - 8:54,59 | 72 | V | Verden | 6.10. |
| 5018 | Carsten Bohlmann 14,04 - 4,44 - 8,51 - 1,20 - 28,92 - 7:49,32 | 71 | Dör | Verden | 6.10. |
| 4994 | Arne Wilkens 13,96 - 4,22 - 7,77 - 1,28 - 25,50 - 7:32,11 | 71 | Emt | Verden | 6.10. |
| 4503 | Andreas Schröder 15,05 - 4,03 - 6,22 - 1,44 - 14,84 - 8:00,95 | 71 | Dör | Verden | 6.10. |
| 4353 | Jan Müller 15,28 - 3,74 - 7,38 - 1,28 - 27,32 - 9:37,73 | 71 | V | Verden | 6.10. |

Mannschaft

| | | | | | |
|-------|--|--|--|--------|-------|
| 26898 | LGKV I Behm 5559 - Eberhardt 5527 - Poolke 5355 - Bleckwenn 5315 - Aucamp 5142 | | | Verden | 6.10. |
| 23960 | LGKV II Schwinge 5092 - Bohlmann 5018 - Wilkens A. 4994 - Schrder 4503 - Müller 4353 | | | Verden | 6.10. |

Schülerinnen A

100 m

| | | | | | |
|------|------------------|----|-----|--------------|-------|
| 13,3 | Gabriele Kösling | 72 | Emt | Verden | 11.6. |
| 13,3 | Frauke Lucht | 71 | Rie | Emtinghausen | 13.7. |
| 13,4 | Gabi Wöltjen | 72 | Ba | Oyten | 11.5. |
| 13,5 | Kirsten Hartwig | 72 | Ba | Braunschweig | 29.9. |
| 13,6 | Ina Kirchner | 72 | Ba | Oyten | 22.9. |
| 13,6 | Kerstin Drewes | 71 | Ben | Freiburg | 23.6. |
| 14,0 | Birgit Bunke | 72 | Ba | Verden | 11.6. |
| 14,2 | Britta Schwarze | 71 | Ba | Oyten | 11.5. |
| 14,3 | Britta Becker | 71 | V | Verden | 11.6. |
| 14,4 | Nicole Köster | 72 | Ba | Oyten | 11.5. |

800 m

| | | | | | |
|--------|-------------------|----|-----|--------------|-------|
| 2:34,7 | Ina Kirchner | 72 | Ba | Braunschweig | 29.9. |
| 2:41,4 | Britta Becker | 71 | V | Drochtersen | 14.9. |
| 2:42,0 | Kirsten Hartwig | 72 | Ba | Drochtersen | 14.9. |
| 2:42,8 | Nicole Brüggemann | 72 | Dör | Braunschweig | 29.9. |
| 2:43,4 | Britta Schwarze | 71 | Ba | Freiburg | 23.6. |

2000 m

| | | | | | |
|---------|--------------------|----|-----|-------------|-------|
| 7:44,4 | Nicole Brüggemann | 72 | Dör | Drochtersen | 14.9. |
| 7:59,1 | Kerstin Drewes | 71 | Ben | Drochtersen | 14.9. |
| 8:18,86 | Sandra Rindelhardt | 72 | Dör | Verden | 6.10. |
| 8:36,41 | Ina Kirchner | 72 | Ba | Verden | 6.10. |
| 9:32,99 | Gabi Wöltjen | 72 | Ba | Verden | 6.10. |
| 9:47,95 | Verola Rodi | 71 | V | Verden | 6.10. |
| 10:04,7 | Michaela Schlenker | 72 | Dör | Oyten | 14.4. |

80 m Hürden

| | | | | | |
|------|-----------------|----|----|--------------|-------|
| 13,5 | Britta Schwarze | 71 | Ba | Drochtersen | 14.9. |
| 13,9 | Gabi Wöltjen | 72 | Ba | Freiburg | 23.6. |
| 14,3 | Ina Kirchner | 72 | Ba | Braunschweig | 29.9. |

4 x 100 m

| | | | | | |
|------|---|--|--|----------|-------|
| 53,8 | LGKV I Kirchner - Drewes - Wöltjen - Kösling | | | Verden | 3.9. |
| 59,8 | LGKV II Brüggemann - Schwarze - Groeneveld - Ortmann | | | Freiburg | 23.6. |

3 x 800 m

| | | | | | |
|--------|---|--|--|--------|------|
| 8:54,9 | LGKV I Hartwig - Brüggemann - Becker | | | Verden | 3.9. |
| 9:02,0 | LGKV II Drewes Haar - Wahlers | | | Verden | 3.9. |

Weitsprung

| | | | | | |
|------|--------------------|----|-----|-----------|-------|
| 4,77 | Ina Kirchner | 72 | Ba | Oyten | 11.5. |
| 4,75 | Gabi Wöltjen | 72 | Ba | Oyten | 11.5. |
| 4,65 | Gabriele Kösling | 72 | Emt | Oyten | 11.5. |
| 4,42 | Frauke Lucht | 71 | Rie | Rotenburg | 1.6. |
| 4,24 | Birgit Bunke | 72 | Ba | Rotenburg | 1.6. |
| 4,24 | Kerstin Drewes | 71 | Ben | Verden | 11.6. |
| 4,21 | Britta Schwarze | 71 | Ba | Oyten | 11.5. |
| 4,13 | Nicole Köster | 72 | Ba | Oyten | 11.5. |
| 4,11 | Britta Becker | 71 | V | Verden | 11.6. |
| 4,04 | Swantje Groeneveld | 72 | V | Oyten | 11.5. |

Hochsprung

| | | | | | |
|------|-------------------|----|-----|-----------|-------|
| 1,55 | Gabi Wöltjen | 72 | Ba | Oyten | 11.5. |
| 1,47 | Kerstin Drewes | 71 | Ben | Freiburg | 23.6. |
| 1,44 | Ina Kirchner | 72 | Ba | Verden | 6.10. |
| 1,41 | Gabriele Kösling | 72 | Emt | Rotenburg | 1.6. |
| 1,37 | Nicole Köster | 72 | Ba | Rotenburg | 1.6. |
| 1,37 | Katja Ortmann | 71 | Rie | Rotenburg | 1.6. |
| 1,36 | Nicole Brüggemann | 72 | Dör | Verden | 6.10. |
| 1,35 | Tanja Otten | 71 | Rie | Rotenburg | 1.6. |
| 1,32 | Birgit Bunke | 72 | Ba | Verden | 11.6. |
| 1,30 | Verola Rodi | 71 | V | Oyten | 11.5. |

Kugelstoßen

| | | | | | |
|-------|------------------|----|-----|--------------|-------|
| 10,01 | Gabi Wöltjen | 72 | Ba | Braunschweig | 29.9. |
| 9,02 | Nicole Köster | 72 | Ba | Verden | 30.8. |
| 8,90 | Gabriele Kösling | 72 | Emt | Oyten | 11.5. |
| 8,44 | Stefanie Ortmann | 72 | Ba | Verden | 30.8. |
| 7,92 | Frauke Lucht | 71 | Rie | Rotenburg | 1.6. |

| | | | | | |
|------|----------------|----|-----|--------------|-------|
| 7,78 | Katja Ortmann | 71 | Rie | Rotenburg | 1.6. |
| 7,30 | Verola Rodi | 71 | V | Verden | 6.10. |
| 7,13 | Ina Kirchner | 72 | Ba | Verden | 6.10. |
| 6,99 | Kerstin Drewes | 71 | Ben | Bad Nenndorf | 16.6. |
| 6,89 | Tanja Otten | 71 | Rie | Rotenburg | 1.6. |
| 6,89 | Heike Meyer | 71 | Rie | Rotenburg | 1.6. |

Diskuswerfen

| | | | | | |
|-------|------------------|----|-----|--------------|-------|
| 20,44 | Stefanie Ortmann | 72 | Ba | Drochtersen | 14.9. |
| 19,34 | Gabriele Kösling | 72 | Emt | Barrien | 20.4. |
| 17,08 | Nicole Köster | 72 | Ba | Freiburg | 23.6. |
| 11,36 | Britta Schwarze | 71 | Ba | Braunschweig | 29.9. |

Speerwerfen

| | | | | | |
|-------|------------------|----|-----|----------|-------|
| 26,08 | Nicole Köster | 72 | Ba | Weyhe | 4.9. |
| 20,60 | Gabi Wöltjen | 72 | Ba | Mannheim | 28.9. |
| 19,48 | Gabriele Kösling | 72 | Emt | Weyhe | 22.5. |
| 15,76 | Ina Kirchner | 72 | Ba | Weyhe | 4.9. |

Ball (200 g)

| | | | | | |
|------|-------------------|----|-----|--------------|-------|
| 40,0 | Gabriele Kösling | 72 | Emt | Emtinghausen | 25.8. |
| 38,0 | Katja Ortmann | 71 | Rie | Riede | 29.6. |
| 37,0 | Nicole Köster | 72 | Ba | Baden | 8.9. |
| 32,5 | Frauke Lucht | 71 | Rie | Riede | 29.6. |
| 30,0 | Anja Meyer | 71 | Ba | Baden | 8.9. |
| 29,0 | Tanja Otten | 71 | Rie | Riede | 29.6. |
| 28,0 | Gabi Wöltjen | 72 | Ba | Baden | 8.9. |
| 27,0 | Stefanie Ortmann | 72 | Ba | Baden | 8.9. |
| 26,0 | Manuela Purnhagen | 71 | Rie | Riede | 29.6. |
| 25,0 | Ina Kirchner | 72 | Ba | Baden | 8.9. |
| 25,0 | Birgit Wolten | 72 | Ba | Baden | 8.9. |

Dreikampf

| | | | | | |
|------|--|----|-----|--------------|-------|
| 2571 | Gabriele Kösling 13,5 - 4,45 - 40,0 | 72 | Emt | Emtinghausen | 25.8. |
| 2495 | Frauke Lucht 13,3 - 4,49 - 32,5 | 71 | Rie | Riede | 29.6. |
| 2203 | Katja Ortmann 14,8 - 3,90 - 38,0 | 71 | Rie | Riede | 29.6. |
| 2195 | Gabi Wöltjen 14,4 - 4,29 - 28,0 | 72 | Ba | Baden | 8.9. |
| 2141 | Ina Kirchner 14,5 - 4,35 - 25,0 | 72 | Ba | Baden | 8.9. |

| | | | | | |
|------|--|----|-----|-------|-------|
| 2134 | Nicole Köster 15,4 - 4,01 - 37,0 | 72 | Ba | Baden | 8.9. |
| 1873 | Tanja Otten 15,4 - 3,55 - 29,0 | 71 | Rie | Riede | 29.6. |
| 1831 | Iris Behr 15,1 - 3,66 - 23,0 | 72 | Rie | Riede | 29.6. |
| 1824 | Birgit Wolten 15,5 - 3,68 - 25,0 | 72 | Ba | Baden | 8.9. |
| 1815 | Stefanie Ortmann 16,2 - 3,82 - 27,0 | 72 | Ba | Baden | 8.9. |

Mannschaft

| | | | | | |
|-------|--|--|--|-------|-------|
| 10109 | LGKV I (TV Baden) Wöltjen 2195 - Kirchner 2141 - Köster 2134 - Wolten 1824 - Ortmann 1815 | | | Baden | 8.9.. |
| 9952 | LGKV II (MTV Riede) Lucht 2495 - Ortmann 2203 - Otten 1873 - Behr 1831 - Meyer 1550 | | | Riede | 29.6. |

Vierkampf

| | | | | | |
|------|---|----|-----|--------------|-------|
| 3718 | Gabi Wöltjen 13,4 - 4,75 - 8,99 - 1,55 | 72 | Ba | Oyten | 11.5. |
| 3400 | Gabriele Kösling 13,3 - 4,39 - 8,80 - 1,32 | 72 | Emt | Verden | 11.6. |
| 3225 | Ina Kirchner 13,6 - 4,77 - 6,47 - 1,40 | 72 | Ba | Oyten | 11.5. |
| 3200 | Frauke Lucht 13,7 - 4,42 - 7,92 - 1,29 | 71 | Rie | Rotenburg | 1.6. |
| 3175 | Nicole Köster 14,4 - 4,13 - 8,77 - 1,35 | 72 | Ba | Oyten | 11.5. |
| 3135 | Kerstin Drewes 14,2 - 4,07 - 6,99 - 1,43 | 71 | Ben | Bad Nenndorf | 16.6. |
| 3007 | Birgit Bunke 14,0 - 3,97 - 6,63 - 1,32 | 72 | Ba | Verden | 11.6. |
| 2949 | Katja Ortmann 15,0 - 3,84 - 7,78 - 1,37 | 71 | Rie | Rotenburg | 1.6. |
| 2875 | Stefanie Ortmann 15,21 - 3,96 - 8,06 - 1,28 | 72 | Ba | Verden | 11.6. |
| 2818 | Nicole Brüggemann 15,09 - 3,77 - 6,69 - 1,36 | 72 | Dör | Verden | 6.10. |

Mannschaftsvierkampf

| | | | | | |
|-------|--|--|--|-------|-------|
| 16496 | LGKV I Wöltjen 3718 - Kirchner 3325 - Kösling 3294 - Köster 3175 - Drewes 2984 | | | Oyten | 11.5. |
|-------|--|--|--|-------|-------|

| | | | |
|-------|---|-------|-------|
| 13792 | LGKV II Bunke 2940 - Hartwig 2773 - Wahlers 2718 - Schwarze 2703 - Rodi 2658 | Oyten | 11.5. |
| 12299 | LGKV III Gröneveld 2609 - Helmke 2510 - Becker 2505 - Haar 2415 - Klenke 2260 | Oyten | 11.5. |

Vereinswertung

| | | | |
|-------|---|-----------|-------|
| 15931 | TV Baden Wöltjen 3718 - Kirchner 3325 - Köster 3175 - Bunke 2940 - Hartwig 2773 | Oyten | 11.5. |
| 12887 | SV Bendingbostel Drewes 2984 - Wahlers 2718 - Helmke 2510 - Haar 2415 - Klenke 2260 | Oyten | 11.5. |
| 12623 | MTV Riede Lucht 3200 - Ortman 2949 - Otten 2657 - Meyer 2030 - Behr 2038 | Rotenburg | 1.6. |

Fünfkampf

| | | | | | |
|------|--------------------------------------|----|-----|--------|-------|
| 3982 | Gabi Wöltjen | 72 | Ba | Verden | 6.10. |
| | 14,41 - 4,74 - 9,87 - 1,44 - 9:32,99 | | | | |
| 3865 | Ina Kirchner | 72 | Ba | Verden | 6.10. |
| | 14,17 - 4,37 - 7,13 - 1,44 - 8:36,41 | | | | |
| 3335 | Nicole Brüggemann | 72 | Dör | Verden | 6.10. |
| | 15,09 - 3,77 - 6,69 - 1,36 - 9:17,31 | | | | |
| 3102 | Verola Rodi | 71 | V | Verden | 6.10. |
| | 15,78 - 3,69 - 7,30 - 1,28 - 9:47,95 | | | | |
| 2593 | Sandra Rindelhardt | 72 | Dör | Verden | 6.10. |
| | 16,38 - 2,90 - 5,71 - 1,08 - 8:18,86 | | | | |

Mannschaftsvierkampf

| | | | |
|-------|--|--------|-------|
| 16877 | LGKV I Wöltjen 3982 - Kirchner 3865 - Brüggemann 3335 - Rodi 3102 - Rindelhardt 2593 | Verden | 6.10. |
|-------|--|--------|-------|

Schüler B

75 m

| | | | | | |
|-------|-----------------|----|-----|--------------|-------|
| 10,1 | Ralf Rotermund | 74 | A | Emtinghausen | 13.7. |
| 11,02 | Marc Vornkahl | 73 | Dör | Verden | 6.10. |
| 11,07 | Kai Vornkahl | 73 | Dör | Verden | 6.10. |
| 11,3 | Andree Ehlers | 73 | Emt | Emtinghausen | 13.7. |
| 11,5 | Sven Horstmann | 73 | A | Oyten | 28.9. |
| 11,5 | Frank Bauer | 74 | Ben | Oyten | 28.9. |
| 11,87 | Volker Stelster | 73 | V | Verden | 9.6. |
| 11,88 | Jan Richter | 73 | V | Verden | 9.6. |
| 11,7 | Axel Heller | 74 | Rie | Riede | 29.6. |
| 12,0 | Stefan Senf | 73 | A | Oyten | 11.5. |

1000 m

| | | | | | |
|---------|-----------------|----|-----|--------|-------|
| 3:49,30 | Frank Bauer | 74 | Ben | Oyten | 28.9. |
| 3:50,58 | Ralf Rotermund | 74 | A | Verden | 9.6. |
| 3:53,10 | Sven Horstmann | 73 | A | Verden | 9.6. |
| 4:23,17 | Lars Ohlrogge | 74 | A | Verden | 9.6. |
| 4:53,97 | Volker Stelster | 73 | V | Verden | 9.6. |
| 4:56,12 | Martin Reinecke | 74 | A | Verden | 9.6. |

2000 m

| | | | | | |
|--------|---------------|----|-----|-------|-------|
| 7:53,3 | Kai Vornkahl | 73 | Dör | Oyten | 14.4. |
| 8:07,1 | Marc Vornkahl | 73 | Dör | Oyten | 14.4. |
| 8:21,3 | Frank Bauer | 74 | Ben | Oyten | 14.4. |

60 m Hürden

| | | | | | |
|------|-----------------|----|-----|-------|-------|
| 14,9 | Ralf Müller | 73 | Ben | Oyten | 28.9. |
| 17,1 | Matthias Körner | 74 | Ben | Oyten | 28.9. |

3 x 1000 m

| | | | | | |
|----------|--|--|--|--------|------|
| 12:20,16 | LGKV Bauer 74 - Buse 74 - Müller 73 | | | Verden | 3.9. |
|----------|--|--|--|--------|------|

Weitsprung

| | | | | | |
|------|----------------|----|-----|--------|-------|
| 4,45 | Ralf Rotermund | 74 | A | Riede | 29.6. |
| 4,12 | Marc Vornkahl | 73 | Dör | Verden | 6.10. |
| 4,10 | Cord Katz | 73 | Ba | Baden | 8.9. |
| 4,04 | Sven Horstmann | 73 | A | Oyten | 28.9. |
| 3,84 | Kai Vornkahl | 73 | Dör | Verden | 6.10. |

| | | | | | |
|------|----------------|----|-----|-------|-------|
| 3,75 | Andree Ehlers | 73 | Emt | Stuhr | 4.5. |
| 3,64 | Ralf Müller | 74 | Ben | Oyten | 11.5. |
| 3,58 | Stefan Senf | 73 | A | Oyten | 11.5. |
| 3,56 | Frank Bauer | 74 | Ben | Oyten | 28.9. |
| 3,55 | Sven Wischmann | 73 | Ben | Oyten | 11.5. |

Hochsprung

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 1,35 | Sven Horstmann | 73 | A | Oyten | 28.9. |
| 1,34 | Ralf Rotermund | 74 | A | Verden | 6.10. |
| 1,30 | Marc Vornkahl | 73 | Dör | Verden | 6.10. |
| 1,30 | Kai Vornkahl | 73 | Dör | Verden | 6.10. |
| 1,28 | Andree Ehlers | 73 | Emt | Bremen | 17.6. |
| 1,20 | Ralf Müller | 74 | Ben | Oyten | 11.5. |
| 1,20 | Matthias Körner | 74 | Ben | Oyten | 28.9. |
| 1,15 | Stefan Senf | 73 | A | Oyten | 11.5. |
| 1,15 | Lars Allermann | 74 | Ben | Oyten | 11.5. |

Ballwurf (200 g)

| | | | | | |
|------|---------------|----|-----|--------|-------|
| 42,0 | Kai Vornkahl | 73 | Dör | Verden | 6.10. |
| 40,0 | Ralf Müller | 74 | Ben | Oyten | 28.9. |
| 39,5 | Stefan Senf | 73 | A | Oyten | 11.5. |
| 38,0 | Marc Vornkahl | 73 | Dör | Verden | 6.10. |
| 37,5 | Andree Ehlers | 73 | Emt | Oyten | 11.5. |
| 37,0 | Peter Sturm | 74 | Emt | Riede | 29.6. |
| 36,0 | Cord Katz | 73 | Ba | Baden | 8.9. |
| 33,0 | Axel Heller | 73 | Rie | Riede | 29.6. |
| 33,0 | Stefan Meyer | 73 | Ba | Baden | 8.9. |

Kugel (3 kg)

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 6,81 | Ralf Rotermund | 74 | A | Verden | 9.6. |
| 6,26 | Andree Ehlers | 73 | Emt | Stuhr | 4.5. |
| 5,78 | Ingo Ehlers | 73 | Mor | Morsum | 29.9. |
| 5,62 | Sven Horstmann | 73 | A | Verden | 9.6. |
| 5,62 | Falk Rosenthal | 74 | Mor | Morsum | 29.9. |
| 5,00 | Lars Ohlrogge | 74 | A | Verden | 9.6. |
| 4,75 | Claas Benner | 74 | V | Morsum | 29.9. |
| 4,64 | Volker Stelter | 73 | V | Verden | 9.6. |
| 3,91 | Martin Reinecke | 74 | A | Verden | 9.6. |

Diskus (1 kg)

| | | | | | |
|-------|----------------|----|-----|--------|-------|
| 12,14 | Ingo Ehlers | 73 | Mor | Morsum | 29.9. |
| 11,80 | Falk Rosenthal | 74 | Mor | Morsum | 29.9. |
| 9,90 | Claas Benner | 74 | V | Morsum | 29.9. |

Speer (600 g)

| | | | | | |
|-------|----------------|----|-----|--------|-------|
| 17,08 | Ingo Ehlers | 73 | Mor | Morsum | 29.9. |
| 11,84 | Falk Rosenthal | 74 | Mor | Morsum | 29.9. |
| 11,52 | Claas Benner | 74 | V | Morsum | 29.9. |

Dreikampf

| | | | | | |
|------|----------------|----|-----|--------|-------|
| 2185 | Marc Vornkahl | 73 | Dör | Verden | 6.10. |
| 2165 | Kai Vornkahl | 73 | Dör | Verden | 6.10. |
| 2149 | Ralf Rotermund | 74 | A | Verden | 6.10. |
| 1984 | Cord Katz | 73 | Ba | Baden | 8.9. |
| 1899 | Andree Ehlers | 73 | Emt | Riede | 29.6. |
| 1803 | Peter Sturm | 74 | Emt | Riede | 29.6. |
| 1626 | Axel Heller | 73 | Rie | Riede | 29.6. |
| 1574 | Lars Ohlrogge | 74 | A | Riede | 29.6. |
| 1552 | Stefan Meyer | 73 | Ba | Baden | 8.9. |
| 1529 | Jan Richter | 73 | V | Verden | 6.10. |
| 1464 | Thomas Lange | 74 | Rie | Riede | 29.6. |

Mannschaft

| | | | | | |
|------|--|--|--|--------|-------|
| 9337 | LGKV I | | | Verden | 6.10. |
| | M. Vornkahl 2185 - K. Vornkahl 2163 - Rotermund 2149 - Richter 1529 - Benner 1311 | | | | |
| 6767 | LGKV II | | | Riede | 29.6. |
| | Lange 1464 - Kahle 1433 - Kattau 1346 - Schlüer 1298 - Dopmann 1226 | | | | |

Vierkampf

| | | | | | |
|------|----------------|----|-----|--------|-------|
| 2980 | Ralf Rotermund | 74 | A | Verden | 6.10. |
| 2974 | Marc Vornkahl | 73 | Dör | Verden | 6.10. |
| 2952 | Kai Vornkahl | 73 | Dör | Verden | 6.10. |
| 2651 | Andree Ehlers | 73 | Emt | Oyten | 11.5. |
| 2529 | Stefan Senf | 73 | A | Oyten | 11.5. |
| 2503 | Ralf Müller | 74 | Ben | Oyten | 11.5. |
| 2269 | Frank Bauer | 74 | Ben | Oyten | 14.4. |
| 2226 | Sven Wischmann | 73 | Ben | Oyten | 11.5. |
| 2136 | Lars Allermann | 74 | Ben | Oyten | 11.5. |
| 1986 | Jan Buse | 74 | Ben | Oyten | 11.5. |

Mannschaft

| | | | | | |
|-------|--|--|--|-------|-------|
| 12788 | LGKV | | | Oyten | 11.5. |
| | Rotermund 2896 - Ehlers 2651 - Senf 2539 - Müller 2503 - Bauer 2269 | | | | |

Schülerinnen B

75 m

| | | | | | |
|-------|------------------|----|-----|--------|-------|
| 11,25 | Daniela Harms | 73 | V | Verden | 6.10. |
| 11,34 | Marion Höpken | 73 | Dav | Verden | 6.10. |
| 11,47 | Uschi Hoffmann | 73 | V | Verden | 6.10. |
| 11,3 | Tanja Hantelmann | 74 | V | Oyten | 28.9. |
| 11,68 | Sandra Bertram | 74 | V | Verden | 6.10. |
| 11,73 | Sarina Schütte | 73 | V | Verden | 6.10. |
| 11,8 | Wiebke Schmidt | 73 | Ki | Riede | 29.6. |
| 12,07 | Britta Gropp | 73 | V | Verden | 6.10. |
| 12,0 | Sonia Meyer | 73 | Ki | Riede | 29.6. |
| 12,1 | Daniela Brandt | 74 | Ben | Oyten | 11.5. |

800 m

| | | | | | |
|---------|-------------------|----|-----|--------------|-------|
| 2:48,6 | Sarina Schütte | 73 | V | Braunschweig | 29.9. |
| 2:59,0 | Britta Gropp | 73 | V | Oyten | 28.9. |
| 3:00,08 | Kirsten Meyer | 74 | V | Verden | 9.6. |
| 3:09,4 | Birgit Endruschat | 74 | V | Oyten | 28.9. |
| 3:09,4 | Ulrike Lack | 74 | V | Oyten | 28.9. |
| 3:21,4 | Birgit Tietje | 73 | Ben | Oyten | 28.9. |
| 3:38,4 | Katy Endruschat | 73 | A | Verden | 9.6. |

2000 m

| | | | | | |
|---------|----------------|----|-----|-------|-------|
| 8:46,25 | Britta Gropp | 73 | V | Oyten | 21.9. |
| 9:23,0 | Kirsten Meyer | 74 | V | Oyten | 14.4. |
| 9:24,7 | Stefanie Güsen | 73 | Dör | Oyten | 14.4. |
| 9:51,8 | Kathrin Wätje | 73 | | Oyten | 14.4. |

60 m Hürden

| | | | | | |
|------|------------------|----|-----|-------|-------|
| 13,2 | Tanja Hantelmann | 74 | V | Oyten | 28.9. |
| 13,2 | Ulrike Lack | 74 | V | Oyten | 28.9. |
| 14,0 | Tanja Masemann | 73 | Dör | Oyten | 28.9. |
| 14,1 | Daniela Carstens | 73 | Ben | Oyten | 28.9. |
| 14,8 | Stefanie Güsen | 73 | Dör | Oyten | 28.9. |

3 x 800 m

| | | | | | |
|--------|--------------------------------------|--|--|--------|------|
| 9:19,7 | LGKV I Carstens - Jahnke - Tietje | | | Verden | 3.9. |
| 9:52,2 | LGKV II Lack - Schütte - Gropp | | | Verden | 3.9. |

Weitsprung

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 4,06 | Sandra Bertram | 74 | V | Verden | 6.10. |
| 4,00 | Uschi Hoffmann | 73 | V | Verden | 6.10. |
| 3,87 | Daniela Harms | 73 | V | Verden | 6.10. |
| 3,82 | Daniela Brandt | 74 | Ben | Oyten | 28.9. |
| 3,70 | Sonia Meyer | 73 | Ki | Riede | 29.6. |
| 3,70 | Britta Gropp | 73 | V | Verden | 6.10. |
| 3,65 | Marion Höpken | 73 | Dav | Verden | 6.10. |
| 3,65 | Tanja Masemann | 73 | Dör | Verden | 6.10. |
| 3,60 | Birgit Endruschat | 74 | V | Oyten | 28.9. |
| 3,56 | Sarina Schütte | 73 | V | Oyten | 28.9. |

Hochsprung

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 1,30 | Britta Gropp | 73 | V | Oyten | 28.9. |
| 1,26 | Marion Höpken | 73 | Dav | Verden | 6.10. |
| 1,25 | Sarina Schütte | 73 | V | Verden | 9.6. |
| 1,22 | Sandra Bertram | 74 | V | Verden | 6.10. |
| 1,18 | Uschi Hoffmann | 73 | V | Verden | 6.10. |
| 1,15 | Daniela Harms | 73 | V | Oyten | 11.5. |
| 1,15 | Sabine Jahnke | 73 | Ben | Oyten | 11.5. |
| 1,14 | Tanja Masemann | 73 | Dör | Verden | 6.10. |
| 1,10 | Birgit Endruschat | 74 | V | Oyten | 11.5. |
| 1,10 | Daniela Brandt | 74 | Ben | Oyten | 28.9. |
| 1,10 | Tanja Hantelmann | 74 | V | Verden | 6.10. |

Ballwurf (80 g)

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 40,5 | Sonia Meyer | 73 | Ki | Riede | 29.6. |
| 39,0 | Britta Gropp | 73 | V | Oyten | 28.9. |
| 35,5 | Uschi Hoffmann | 73 | V | Verden | 6.10. |
| 33,0 | Tanja Ehlers | 74 | Emt | Riede | 29.6. |
| 31,5 | Wiebke Schmidt | 73 | Ki | Riede | 29.6. |
| 30,5 | Marion Höpken | 73 | Dav | Verden | 6.10. |
| 30,0 | Tina Koschnicke | 74 | Ba | Baden | 8.9. |
| 3,65 | Tanja Masemann | 73 | Dör | Oyten | 28.9. |
| 29,0 | Sabine Holz | 74 | Ki | Riede | 29.6. |
| 29,0 | Ulrike Lack | 74 | V | Oyten | 28.9. |

Kugelstoßen

| | | | | | |
|------|------------------|----|-----|--------|-------|
| 6,20 | Sandra Bertram | 74 | V | Morsum | 29.9. |
| 5,51 | Tanja Ehlers | 74 | Emt | Verden | 9.6. |
| 5,06 | Tanja Hantelmann | 74 | V | Verden | 9.6. |
| 3,25 | Meike Beermann | 74 | Mor | Morsum | 29.9. |

Speerwerfen (400 gr)

| | | | | | |
|-------|----------------|----|-----|-------------|-------|
| 15,08 | Sandra Bertram | 74 | V | Drochtersen | 14.9. |
| 7,18 | Meike Beermann | 74 | Mor | Morsum | 29.9. |

Dreikampf

| | | | | | |
|--------|------------------|----|-----|--------|-------|
| 2097 e | Uschi Hoffmann | 73 | V | Verden | 6.10. |
| 2007 | Sonia Meyer | 73 | Ki | Riede | 29.6. |
| 1959 e | Daniela Harms | 73 | V | Verden | 6.10. |
| 1941 e | Sandra Bertram | 74 | V | Verden | 6.10. |
| 1940 e | Britta Gropp | 73 | V | Verden | 6.10. |
| 1939 e | Marion Höpken | 73 | Dav | Verden | 6.10. |
| 1816 | Wiebke Schmidt | 73 | Ki | Riede | 29.6. |
| 1696 | Sabine Holz | 74 | Ki | Riede | 29.6. |
| 1689 e | Tanja Hantelmann | 74 | V | Verden | 6.10. |
| 1622 | Tina Koschnicke | 74 | Ba | Baden | 8.9. |

Mannschaftsdreikampf

| | | | | | |
|--------|--|--|--|--------|-------|
| 9876 e | LGKV I | | | Verden | 6.10. |
| | Hoffmann 2097 - Harms 1959 - Bertram 1941 - Gropp 1940 - Höpken 1939 | | | | |
| 8890 e | LGKV II | | | Verden | 6.10. |
| | Masemann 1756 - Hantelmann 1689 - Schütte 1505 - Lack 1479 - Bruno 1461 | | | | |
| 4963 | LGKV III | | | Riede | 29.6. |
| | Stadelmann 1953 - Bormann 1215 - Ehers 947 - Beermann 832 - Ahrens 610 | | | | |

Vierkampf

| | | | | | |
|--------|------------------|----|-----|--------|-------|
| 2721 e | Uschi Hoffmann | 73 | V | Verden | 6.10. |
| 2674 e | Marion Höpken | 73 | Dav | Verden | 6.10. |
| 2622 e | Sandra Bertram | 74 | V | Verden | 6.10. |
| 2621 e | Britta Gropp | 73 | V | Verden | 6.10. |
| 2523 e | Daniela Harms | 73 | V | Verden | 6.10. |
| 2190 e | Tanja Hantelmann | 74 | V | Verden | 6.10. |
| 2186 e | Sarina Schütte | 73 | V | Verden | 6.10. |
| 2126 | Sabine Jahnke | 73 | Ben | Oyten | 11.5. |
| 2054 e | Tanja Masemann | 73 | Dör | Verden | 6.10. |
| 1971 | Daniela Brandt | 74 | Ben | Oyten | 11.5. |

Mannschaft

| | | | |
|---------|---|--------|-------|
| 13161 e | LGKV I Hoffmann 2721 - Höpken 2674 - Bertram 2622 - Gropp 2621 - Harms 2523 | Verden | 6.10. |
| 10240 e | LGKV II Hantelmann 2190 - Schütte 2186 - Masemann 2054 - Lack 1914 - Bruno 1896 | Verden | 6.10. |

Vereinswertung

| | | | |
|------|--|-------|-------|
| 9033 | TSV Achim Endruschat, B. 1885 - Bruno 1854 - Reichow 1831 - Schmidt 1740 - Endruschat, K. 1723 | Oyten | 11.5. |
|------|--|-------|-------|

Schüler C

50 m

| | | | | | |
|-----|---------------------|----|-----|--------------|-------|
| 7,7 | Jens Nadig | 75 | Emt | Riede | 29.6. |
| 7,7 | Stefan Fahrenholz | 75 | A | Riede | 29.6. |
| 7,9 | Danny Ohlig | 75 | Emt | Riede | 29.6. |
| 8,4 | Axel Schröder | 75 | Emt | Emtinghausen | 25.8. |
| 8,5 | Jan Eicke Nienstädt | 75 | Mor | Oyten | 11.5. |
| 8,5 | Markus Nordhausen | 75 | Ben | Oyten | 28.9. |
| 8,5 | Holger Lack | 76 | V | Oyten | 28.9. |
| 8,5 | Steffen Zorn | 75 | Ben | Oyten | 28.9. |
| 8,6 | Florian Meyerdierks | 75 | Ba | Oyten | 11.5. |
| 8,6 | Aljoscha Sordon | 75 | Rie | Riede | 29.6. |

1000 m

| | | | | | |
|--------|----------------|----|-----|-------|-------|
| 3:44,4 | Kristian Knoop | 75 | Ben | Oyten | 28.9. |
| 3:48,1 | Holger Lack | 76 | V | Oyten | 28.9. |
| 3:50,1 | Michael Köster | 76 | Ba | Oyten | 28.9. |
| 4:04,0 | Jörn Schweers | 76 | A | Oyten | 28.9. |

Weitsprung

| | | | | | |
|------|---------------------|----|-----|-------|-------|
| 3,97 | Holger Lack | 76 | V | Oyten | 28.9. |
| 3,86 | Stefan Fahrenholz | 75 | A | Oyten | 28.9. |
| 3,79 | Jan Eicke Nienstädt | 75 | Mor | Oyten | 11.5. |
| 3,66 | Jens Nadig | 75 | Emt | Riede | 29.6. |
| 3,54 | Steffen Zorn | 75 | Ben | Oyten | 28.9. |
| 3,49 | Marco Saffe | 76 | Emt | Oyten | 11.5. |
| 3,40 | Michael Köster | 76 | Ba | Baden | 8.9. |
| 3,38 | Florian Meyerdierks | 75 | Ba | Oyten | 28.9. |
| 3,35 | Aljoscha Sordon | 75 | Rie | Riede | 29.6. |

Hochsprung

| | | | | | |
|------|---------------------|----|-----|-------|-------|
| 1,15 | Stefan Fahrenholz | 75 | A | Oyten | 28.9. |
| 1,10 | Michael Köster | 76 | Ba | Oyten | 28.9. |
| 1,10 | Kristian Knoop | 75 | Ben | Oyten | 28.9. |
| 1,00 | Steffen Zorn | 75 | Ben | Oyten | 11.5. |
| 0,95 | Jan Eicke Nienstädt | 75 | Mor | Oyten | 11.5. |
| 0,95 | Dirk Meyer | 75 | V | Oyten | 11.5. |
| 0,95 | Markus Nordhausen | 75 | Ben | Oyten | 11.5. |
| 0,90 | Holger Lack | 76 | V | Oyten | 11.5. |
| 0,90 | Marco Saffe | 76 | Emt | Oyten | 11.5. |
| 0,90 | Torsten Krebs | 75 | A | Oyten | 11.5. |

Ballwurf (80 g)

| | | | | | |
|------|---------------------|----|-----|--------------|-------|
| 43,0 | Jan Eicke Nienstädt | 75 | Mor | Oyten | 11.5. |
| 43,0 | Michael Köster | 76 | Ba | Oyten | 28.9. |
| 43,0 | Kristian Knoop | 75 | Ben | Oyten | 28.9. |
| 39,5 | Aljoscha Sodorn | 75 | Rie | Riede | 29.6. |
| 39,0 | Holger Lack | 76 | V | Oyten | 28.9. |
| 35,5 | Danny Ohlig | 75 | Emt | Riede | 29.6. |
| 35,0 | Jens Nadig | 75 | Emt | Bremen | 17.6. |
| 33,5 | Dirk Meyer | 75 | V | Oyten | 11.5. |
| 31,5 | Axel Schröder | 75 | Emt | Emtinghausen | 25.8. |

Speer (400 g)

| | | | | | |
|-------|--------------|----|-----|--------|-------|
| 11,01 | Marcus Klatt | 76 | Mor | Morsum | 29.9. |
| 9,4 | Marco Saffe | 76 | Emt | Morsum | 29.9. |

Dreikampf

| | | | | | |
|------|-------------------|----|-----|--------------|-------|
| 1927 | Jens Nadig | 75 | Emt | Riede | 29.6. |
| 1820 | Stefan Fahrenholz | 75 | A | Riede | 29.6. |
| 1781 | Danny Ohlig | 75 | Emt | Riede | 29.6. |
| 1742 | Aljoscha Sordon | 75 | Rie | Riede | 29.6. |
| 1631 | Michael Köster | 76 | Ba | Baden | 8.9. |
| 1624 | Axel Schröder | 75 | Emt | Emtinghausen | 25.8. |
| 1375 | Stefan Ehlers | 75 | Rie | Riede | 29.6. |
| 1360 | Markus Hoffmann | 76 | Rie | Riede | 29.6. |

Mannschaft

| | | | | | |
|------|---|--|--|-------|-------|
| 8645 | LGKV I Nadig 1927 - Fahrenholz 1820 - Ohlig 1781 - Sordon 1742 - Ehlers 1375 | | | Riede | 29.6. |
| 6517 | LGKV II Köster 1631 - Meyerdierks 1353 - Elfers 1286 - Burdorf 1159 - Schenk 1068 | | | Riede | 29.6. |

Vierkampf

| | | | | | |
|------|---------------------|----|-----|-------|-------|
| 2328 | Jan Eicke Nienstädt | 75 | Mor | Oyten | 11.5. |
| 2258 | Michael Köster | 76 | Ba | Oyten | 11.5. |
| 1981 | Kristian Knoop | 75 | Ben | Oyten | 11.5. |
| 1969 | Dirk Meyer | 75 | V | Oyten | 11.5. |
| 1903 | Holger Lack | 76 | V | Oyten | 11.5. |
| 1859 | Florian Meyerdirks | 75 | Ba | Oyten | 11.5. |
| 1820 | Markus Nordhausen | 75 | Ben | Oyten | 11.5. |
| 1753 | Steffen Zorn | 75 | Ben | Oyten | 11.5. |
| 1622 | Marco Saffe | 76 | Emt | Oyten | 11.5. |
| 1580 | Jörn Schweers | 76 | A | Oyten | 11.5. |

Mannschaft

| | | | | | |
|-------|--|--|--|-------|-------|
| 10439 | LGKV I Nienstädt 2328 - Köster 2258 - Knoop 1981 - Meyer 1969 - Lack 1903 | | | Oyten | 11.5. |
| 8634 | LGKV II Meyerdirks 1859 - Nordhausen 1820 - Zorn 1753 - Saffe 1622 - Schweers 1580 | | | Oyten | 11.5. |

Schülerinnen C

50 m

| | | | | | |
|--------|--------------------|----|-----|--------------|-------|
| 8,2 | Nina Freyenhagen | 75 | Mor | Emtinghausen | 13.7. |
| 8,52 e | Mirja Greve | 75 | A | Verden | 9.6. |
| 8,5 | Jana Lange | 76 | Ki | Riede | 29.6. |
| 8,6 | Nadine Brüns | 75 | Ben | Oyten | 11.5. |
| 8,7 | Jessica Janke | 75 | Ben | Oyten | 11.5. |
| 8,7 | Kerstin Winkelmann | 75 | Rie | Riede | 29.6. |
| 8,8 | Jana Bachert | 75 | Ba | Oyten | 11.5. |
| 8,9 | Tanja von Salzen | 75 | Mor | Riede | 29.6. |
| 8,9 | Sonja Asendorf | 76 | A | Oyten | 11.5. |
| 8,9 | Birte Klages | 76 | A | Oyten | 11.5. |
| 8,9 | Marina Kampa | 76 | A | Oyten | 11.5. |
| 8,9 | Stephanie Rath | 75 | Ben | Oyten | 11.5. |
| 8,6 | Inga Bigalke | 75 | Ben | Oyten | 28.9. |

800 m

| | | | | | |
|-----------|-------------------|----|----|--------|-------|
| 3:08,0 | Stefanie Katz | 75 | Ba | Oyten | 28.9. |
| 3:26,71 e | Simone Zdrojewski | 76 | V | Verden | 9.6. |
| 3:54,1 | Mirja Greve | 75 | A | Oyten | 28.9. |
| 4:06,2 | Janine Hendrian | 75 | Ba | Oyten | 28.9. |

Weitsprung

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 3,78 | Mirja Greve | 75 | A | Verden | 9.6. |
| 3,65 | Stefanie Katz | 75 | Ba | Baden | 8.9. |
| 3,57 | Nina Freyenhagen | 75 | Mor | Oyten | 11.5. |
| 3,54 | Tanja von Salzen | 75 | Mor | Oyten | 11.5. |
| 3,50 | Jessica Janke | 75 | Ben | Oyten | 11.5. |
| 3,29 | Simone Zdrojewski | 76 | V | Verden | 9.6. |
| 3,25 | Jana Bachert | 75 | Ba | Baden | 8.9. |
| 3,19 | Inga Bigalke | 75 | Ben | Oyten | 28.9. |
| 3,17 | Birte Grieme | 75 | Mor | Riede | 29.6. |

Hochsprung

| | | | | | |
|------|---------------------|----|-----|--------|-------|
| 1,08 | Tanja von Salzen | 75 | Mor | Oyten | 11.5. |
| 1,06 | Mirja Greve | 75 | A | Verden | 9.6. |
| 1,05 | Stefanie Katz | 75 | Ba | Oyten | 28.9. |
| 1,00 | Nina Freyenhagen | 75 | Mor | Oyten | 11.5. |
| 1,00 | Jessica Janke | 75 | Ben | Oyten | 11.5. |
| 0,95 | Marina Kempa | 76 | A | Oyten | 11.5. |
| 0,90 | Stephanie Rath | 75 | Ben | Oyten | 11.5. |
| 0,85 | Jana Bachert | 75 | Ba | Oyten | 11.5. |
| 0,85 | Rebecca Hachmeister | 75 | Ben | Oyten | 11.5. |
| 0,85 | Yvonne Ortmann | 76 | B | Oyten | 11.5. |
| 0,85 | Wiebke Voges | 76 | Ba | Oyten | 11.5. |

Schlagballwurf (80 gr)

| | | | | | |
|------|------------------|----|-----|--------------|-------|
| 35,0 | Stefanie Katz | 75 | Ba | Baden | 8.9. |
| 24,0 | Sandra Ehlers | 76 | Emt | Emtinghausen | 25.8. |
| 23,5 | Nina Freyenhagen | 75 | Mor | Morsum | 29.9. |
| 23,0 | Wiebke Voges | 76 | Ba | Oyten | 11.5. |
| 20,5 | Meike Dahme | 76 | Rie | Riede | 29.6. |
| 20,5 | Tanja von Salzen | 75 | Mor | Riede | 29.6. |
| 20,0 | Jessica Janke | 75 | Ben | Oyten | 11.5. |
| 20,0 | Sandra Hipel | 75 | | Verden | 9.6. |
| 20,0 | Jana Bachert | 75 | Ba | Oyten | 28.9. |
| 19,5 | Mirja Greve | 75 | A | Oyten | 11.5. |

Speerwerfen (400 gr)

| | | | | | |
|-------|------------------|----|-----|--------------|-------|
| 10,06 | Nina Freyenhagen | 74 | Mor | Emtinghausen | 29.4. |
|-------|------------------|----|-----|--------------|-------|

Dreikampf

| | | | | | |
|------|--------------------|----|-----|-------|-------|
| 1759 | Stefanie Katz | 75 | Ba | Baden | 8.9. |
| 1584 | Nina Freyenhagen | 75 | Mor | Riede | 29.6. |
| 1401 | Jana Lange | 76 | Ki | Riede | 29.6. |
| 1362 | Tanja von Salzen | 75 | Mor | Riede | 29.6. |
| 1339 | Kerstin Winkelmann | 75 | Rie | Riede | 29.6. |
| 1324 | Jana Bachert | 75 | Ba | Baden | 8.9. |
| 1268 | Sandra Ehlers | 76 | Emt | Hoya | 11.9. |
| 1104 | Birte Klages | 76 | A | Riede | 29.6. |
| 1051 | Wiebke Voges | 76 | Ba | Baden | 8.9. |
| 1047 | Birte Grieme | 75 | Mor | Riede | 29.6. |

Mannschaft

| | | | | | |
|------|---|--|--|-------|-------|
| 6841 | LGKV I Freyenhagen 1584 - Lange 1401 - v. Salzen 1352 - Winkelmann 1339 - Ehlers 1115 | | | Riede | 29.6. |
| 4944 | LGKV II Klages 1104 - Grieme 1047 - Dahme 1031 - Koppermann 951 - Graef 801 | | | Riede | 29.6. |

Vereinswertung

| | | | | | |
|------|---|--|--|-------|-------|
| 5833 | TV Baden Katz 1759 - Bachert 1324 - Voges 1051 - Juknischke 877 - Wilkens 822 | | | Baden | 8.9. |
| 2799 | MTV Riede Otten 731 - Siemer 639 - Heidorn 506 - Meyer 498 - Niedig 425 | | | Riede | 29.6. |

Vierkampf

| | | | | | |
|------|---------------------|----|-----|-------|-------|
| 1986 | Mirja Greve | 75 | A | Oyten | 11.5. |
| 1952 | Tanja von Salzen | 75 | Mor | Oyten | 11.5. |
| 1951 | Nina Freyenhagen | 75 | Mor | Oyten | 11.5. |
| 1839 | Jessica Janke | 75 | Ben | Oyten | 11.5. |
| 1664 | Marina Kempa | 76 | A | Oyten | 11.5. |
| 1563 | Jana Bachert | 75 | Ba | Oyten | 11.5. |
| 1542 | Stephanie Rath | 75 | Ben | Oyten | 11.5. |
| 1461 | Birte Klages | 76 | A | Oyten | 11.5. |
| 1432 | Wiebke Voges | 76 | Ba | Oyten | 11.5. |
| 1397 | Rebecca Hachmeister | 75 | Ben | Oyten | 11.5. |

Mannschaft

| | | | |
|------|---|-------|-------|
| 9392 | LGKV I Greve 1986 - v. Salzen 1952 - Freyenhagen 1951 - Janke 1839 - Kempa 1664 | Oyten | 11.5. |
| 7345 | LGKV II Bachert 1563 - Rath 1542 - Klages 1461 - Voges 1432 - Hachmeister 1397 | Oyten | 11.5. |
| 5592 | LGKV III Ortmann 1345 - Kalisch 1771 - Mindermann 1134 - Asendorf 1114 - Schlatow 828 | Oyten | 11.5. |

Vereinswertung

| | | | |
|------|--|-------|-------|
| 6727 | SV Bendingbostel Janke 1839 - Rath 1542 - Hachmeister 1397 - Kalisch 1171 - Schlatow 828 | Oyten | 11.5. |
|------|--|-------|-------|

Schüler D

50 m

| | | | | | |
|-----|---------------------|----|-----|-------|-------|
| 8,4 | Ingo Rehnert | 77 | Dör | Hoya | 11.9. |
| 8,6 | Timo Bösert | 77 | Rie | Riede | 29.6. |
| 8,7 | Matthias Rettkowski | 77 | Ki | Riede | 29.6. |
| 9,0 | Carsten Bischoff | 77 | Ki | Riede | 29.6. |
| 9,3 | Matthias Petz | 77 | Ba | Oyten | 11.5. |
| 9,3 | Stephan Näveke | 78 | Ba | Oyten | 28.9. |
| 9,5 | Karsten Wandt | 77 | Rie | Riede | 29.6. |
| 9,6 | Michael Stöver | 77 | A | Oyten | 11.5. |
| 9,7 | Karsten Voigt | 77 | Rie | Riede | 29.6. |
| 9,7 | Florian Rosebrock | 78 | Ba | Oyten | 28.9. |

Weitsprung

| | | | | | |
|------|--------------------|----|-----|-------|-------|
| 3,63 | Ingo Rehnert | 77 | Dör | Hoya | 11.9. |
| 3,58 | Matthias Petz | 77 | Ba | Baden | 8.9. |
| 3,03 | Nico Oldenburg | 78 | Ben | Oyten | 28.9. |
| 3,00 | Timo Bösert | 77 | Rie | Riede | 29.6. |
| 2,97 | Dirk Czempik | 77 | Ba | Oyten | 28.9. |
| 2,94 | Carsten Bischoff | 77 | Ki | Riede | 29.6. |
| 2,84 | Stephan Näveke | 78 | Ba | Oyten | 28.9. |
| 2,80 | Matthias Könecke | 78 | Ba | Baden | 8.9. |
| 2,80 | Michael Stöver | 77 | A | Oyten | 11.5. |
| 2,72 | Alexander Schröder | 77 | Ba | Oyten | 28.9. |

Ballwurf (80 g)

| | | | | | |
|------|---------------------|----|-----|--------|-------|
| 31,5 | Nico Oldenburg | 78 | Ben | Oyten | 11.5. |
| 31,0 | Ingo Rehnert | 77 | Dör | Hoya | 11.9. |
| 30,0 | Matthias Petz | 77 | Ba | Baden | 8.9. |
| 28,0 | Stephan Näveke | 78 | Ba | Oyten | 28.9. |
| 24,0 | Karsten Wandt | 77 | Rie | Riede | 29.6. |
| 23,0 | Matthias Könecke | 78 | Ba | Baden | 8.9. |
| 22,5 | Stefan Urban | 77 | Ba | Baden | 8.9. |
| 22,0 | Matthias Rettkowski | 77 | Ki | Riede | 29.6. |
| 22,0 | Andre Wieting | 77 | Mor | Morsum | 29.6. |
| 21,5 | Carsten Bischoff | 77 | Ki | Riede | 29.6. |

Speer (400 gr)

| | | | | | |
|-----|---------------|----|-----|--------|-------|
| 6,0 | Frank Hustedt | 77 | Mor | Morsum | 29.9. |
| 6,0 | Andre Wieting | 77 | Mor | Morsum | 29.9. |

Dreikampf

| | | | | | |
|------|---------------------|----|-----|-------|-------|
| 1797 | Ingo Rehnert | 77 | Dör | Hoya | 11.9. |
| 1418 | Matthias Petz | 77 | Ba | Oyten | 28.9. |
| 1296 | Timo Bösert | 77 | Rie | Riede | 29.6. |
| 1293 | Stephan Näveke | 78 | Ba | Oyten | 28.9. |
| 1244 | Nico Oldenburg | 78 | Ben | Oyten | 28.9. |
| 1236 | Carsten Bischoff | 77 | Ki | Riede | 29.6. |
| 1185 | Matthias Rettkowski | 77 | Ki | Riede | 29.6. |
| 1079 | Karsten Wandt | 77 | Rie | Riede | 29.6. |
| 1011 | Matthias Könecke | 78 | Ba | Baden | 8.9. |

Mannschaft

| | | | | | |
|------|---|--|--|-------|-------|
| 5749 | LGKV I Bösert 1296 - Bischoff 1236 - Rettkowski 1185 - Wandt 1079 - Plate 953 | | | Riede | 29.6. |
| 5377 | LGKV II Petz 1198 - Oldenburg 1163 - Näveke 1056 - Stöver 995 - Mildner 965 | | | Oyten | 11.5. |
| 3791 | LGKV III Schröder 855 - Aucamp 816 - Endruschat, M. 731 - Czempik 695 - Rosebrock 699 | | | Oyten | 11.5. |
| 2098 | LGKV II Asendorf 561 - Boysen 507 - Lange 384 - Bardt 343 - Cox 303 | | | Oyten | 11.5. |

Schülerinnen D

50 m

| | | | | | |
|-----|-------------------|----|-----|--------------|-------|
| 9,1 | Yvonne Dierks | 77 | V | Oyten | 28.9. |
| 9,4 | Melanie Liebscher | 78 | Mor | Riede | 29.6. |
| 9,5 | Annika Cox | 77 | Ba | Oyten | 11.5. |
| 9,5 | Maike Freyenhagen | 77 | Mor | Emtinghausen | 13.7. |
| 9,6 | Claudia Borchers | 77 | Ba | Oyten | 11.5. |
| 9,7 | Christine Cordes | 77 | Ba | Baden | 8.9. |
| 9,8 | Kathrin Klages | 78 | A | Riede | 29.6. |
| 9,8 | Daniela Schenk | 77 | Ba | Baden | 8.9. |
| 9,9 | Inka Graul | 77 | Ba | Baden | 8.9. |
| 9,9 | Maren Bauer | 77 | A | Oyten | 28.9. |
| 9,9 | Katja Sabottka | 78 | Ben | Oyten | 28.9. |
| 9,9 | Yvonne Wiechert | 79 | Ben | Oyten | 28.9. |

Weitsprung

| | | | | | |
|------|------------------|----|-----|-------|-------|
| 3,33 | Yvonne Dierks | 77 | V | Oyten | 28.9. |
| 2,96 | Maren Bauer | 77 | A | Oyten | 28.9. |
| 2,91 | Inka Graul | 77 | Ba | Baden | 8.9. |
| 2,73 | Kirsi Knoop | 77 | Ben | Oyten | 28.9. |
| 2,72 | Claudia Borchers | 77 | Ba | Baden | 8.9. |
| 2,72 | Estelle Wolst | 77 | Ba | Oyten | 28.9. |
| 2,71 | Daniela Schenk | 77 | Ba | Baden | 8.9. |
| 2,66 | Katja Sabottka | 78 | Ben | Oyten | 28.9. |
| 2,65 | Annika Cox | 77 | Ba | Oyten | 11.5. |
| 2,65 | Sandra Buttgerit | 77 | Ba | Oyten | 28.9. |

Ballwurf (80 gr)

| | | | | | |
|------|-------------------|----|-----|-------|-------|
| 21,0 | Maren Bauer | 77 | A | Oyten | 28.9. |
| 21,0 | Yvonne Dierks | 77 | V | Oyten | 28.9. |
| 18,0 | Tanja Schlatow | 77 | Ben | Oyten | 28.9. |
| 17,0 | Christiane Lang | 77 | Ki | Riede | 29.6. |
| 17,0 | Christine Cordes | 77 | Ba | Baden | 8.9. |
| 15,0 | Ina Benjes | 77 | Ki | Riede | 29.6. |
| 14,9 | Maike Freyenhagen | 77 | Mor | Riede | 29.6. |
| 14,0 | Janna Bigalke | 78 | Ben | Oyten | 28.9. |
| 14,0 | Kirsi Knoop | 77 | Ben | Oyten | 28.9. |
| 14,0 | Katja Sabottka | 78 | Ben | Oyten | 28.9. |

Speerwerfen (400 gr)

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 6,00 | Maike Freyenhagen | 77 | Mor | Morsum | 29.9. |
| 6,00 | Stefanie Prekel | 77 | Mor | Morsum | 29.9. |

Dreikampf

| | | | | | |
|------|-------------------|----|-----|-------|-------|
| 1406 | Yvonne Dierks | 77 | V | Oyten | 28.9. |
| 1163 | Maren Bauer | 77 | A | Oyten | 28.9. |
| 972 | Christine Cordes | 77 | Ba | Baden | 8.9. |
| 941 | Christiane Lang | 77 | Ki | Riede | 29.6. |
| 924 | Inka Graul | 77 | Ba | Baden | 8.9. |
| 917 | Tanja Schlatow | 77 | Ben | Oyten | 28.9. |
| 914 | Katja Sabottka | 78 | Ben | Oyten | 28.9. |
| 910 | Annika Cox | 77 | Ba | Oyten | 11.5. |
| 865 | Kirsi Knoop | 77 | Ben | Oyten | 28.9. |
| 845 | Melanie Liebscher | 78 | Mor | Riede | 29.6. |
| 845 | Sandra Buttgerit | 77 | Ba | Oyten | 28.9. |

Mannschaftsdreikampf

| | | | | | |
|------|---|--|--|-------|-------|
| 5265 | LGKV I Dierks 1406 - Bauer 1163 - Schlatow 917 - Sabottka 914 - Knoop 865 | | | Oyten | 28.9. |
| 4067 | LGKV II Buttgerit 845 - Wolst 835 - Bigalke 812 - Klages 788 - Wiechert, Y. 787 | | | Oyten | 28.9. |
| 3025 | LGKV III Kowarzyk 785 - Lack 640 - Haase 616 - Nävecke 532 - Wiechert, J. 452 | | | Oyten | 28.9. |
| 2885 | LGKV IV Otten 731 - Siemer 639 - Warneke 511 - Heidorn 506 - Meyer, K. 498 | | | Riede | 29.6. |
| 1565 | LGKV V Niedrich 425 - Zander 348 - Meyer, B. 305 - Graef 261 - Ohlrogge 226 | | | Riede | 29.6. |

Vereinswertung

| | | | | | |
|------|---|--|--|-------|-------|
| 4295 | SV Bendingbostel Schlatow 917 - Sobottka 914 - Knoop 865 - Bigalke 812 - Wiechert 787 | | | Oyten | 28.9. |
| 4230 | TV Baden Cordes 972 - Graul 924 - Schenk 811 - Feldt 768 - Borchers 755 | | | Baden | 8.9. |

Altersklassen Männer

50 m

M 50

| | | | | | |
|-----|-----------------|----|-----|--------|-------|
| 7,7 | Horst Gallmeier | 31 | Mor | Morsum | 11.7. |
| 7,8 | Werner Brück | 32 | Mor | Morsum | 11.7. |

100 m

M 30

| | | | | | |
|------|---------------------|----|----|-------|------|
| 14,0 | Claus-Werner Wunsch | 53 | Ba | Baden | 8.9. |
|------|---------------------|----|----|-------|------|

M 35

| | | | | | |
|------|----------------------|----|-----|--------------|-------|
| 12,5 | Norbert Temp | 47 | Mor | Emtinghausen | 13.7. |
| 13,3 | Rolf Meyer | 48 | Rie | Riede | 29.6. |
| 13,5 | Peter Könecke | 50 | Ba | Baden | 8.9. |
| 14,4 | Horst Meyer | 50 | Mor | Morsum | 11.7. |
| 14,5 | Volker Freyenhagen | 47 | Mor | Emtinghausen | 13.7. |
| 15,1 | Karl-Ernst Liebscher | 49 | Mor | Morsum | 11.7. |

M 40

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 12,3 | Peter Feldmann | 41 | A | Verden | 12.9. |
| 12,9 | Bernd Teichgräber | 43 | Ben | Verden | 12.9. |
| 14,0 | Wilhelm Otten | 42 | Rie | Riede | 29.6. |
| 14,0 | Christian Weder | 44 | Ba | Baden | 8.9. |
| 14,0 | Otto v. Wieding | 43 | V | Verden | 13.9. |
| 14,3 | Roland Wolten | 41 | Ba | Baden | 8.9. |

M 45

| | | | | | |
|------|-----------------|----|-----|--------------|-------|
| 12,4 | Jürgen Huxoll | 39 | V | Verden | 12.9. |
| 13,7 | Richard Wegener | 38 | Dav | Emtinghausen | 13.7. |
| 14,1 | Günter Sturm | 40 | Rie | Riede | 29.6. |
| 14,1 | Willi Kuhlmann | 36 | Ba | Baden | 8.9. |

M 50

| | | | | | |
|------|------------------|----|-----|--------|-------|
| 13,9 | Karl-Ernst Drews | 34 | Ki | Verden | 12.9. |
| 14,5 | Werner Brück | 32 | Mor | Morsum | 11.7. |

200 m

M 30

| | | | | | |
|------|-----------------|----|---|--------|------|
| 26,5 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
|------|-----------------|----|---|--------|------|

M 50

| | | | | | |
|------|------------------|----|----|-----------|------|
| 28,7 | Karl-Ernst Drews | 34 | Ki | Buxtehude | 6.7. |
|------|------------------|----|----|-----------|------|

400 m

M 35

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 64,4 | Norbert Temp | 47 | Mor | Verden | 12.9. |
| 65,6 | Jürgen Honemann | 46 | V | Verden | 12.9. |

800 m

M 50

| | | | | | |
|--------|------------------|----|----|--------|-------|
| 2:29,4 | Karl-Ernst Drews | 34 | Ki | Weyhe | 4.9. |
| 2:33,9 | Helmut Sievers | 34 | Ue | Verden | 12.9. |

1500 m

M 30

| | | | | | |
|--------|-----------------|----|---|--------|------|
| 5:31,6 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
|--------|-----------------|----|---|--------|------|

M 35

| | | | | | |
|--------|--------------------|----|----|--------|-------|
| 4:36,2 | Hans-Joachim Meyer | 50 | Ue | Verden | 12.9. |
| 4:37,5 | Jürgen Honemann | 46 | V | Verden | 12.9. |

M 50

| | | | | | |
|--------|------------------|----|----|-----------|------|
| 5:17,2 | Karl-Ernst Drews | 34 | Ki | Buxtehude | 6.7. |
|--------|------------------|----|----|-----------|------|

3000 m

M 30

| | | | | | |
|----------|------------------|----|---|--------|-------|
| 9:49,4 | Rudolf Borgs | 53 | V | Weyhe | 10.7. |
| 10:19,53 | Heiko Zdrojewski | 53 | V | Verden | 24.8. |

M 35

| | | | | | |
|--------|--------------------|----|----|--------|-------|
| 9:38,2 | Hans-Dieter Acksel | 49 | Et | Bremen | 6.10. |
| 9:42,1 | Jürgen Honemann | 46 | V | Weyhe | 10.7. |

M 40

| | | | | | |
|----------|-----------------|----|----|--------|-------|
| 9:39,1 | Joachim Damm | 42 | V | Weyhe | 10.7. |
| 9:56,4 | Dieter Meineke | 44 | V | Weyhe | 10.7. |
| 10:25,06 | Hermann Engelke | 41 | Et | Verden | 24.8. |
| 10:52,9 | Otto v. Wieding | 43 | V | Weyhe | 10.7. |

M 45

| | | | | | |
|---------|--------------------|----|----|-----------|-------|
| 9:40,7 | Georg van den Berg | 38 | Ue | Oldenburg | 7.8. |
| 11:04,3 | Hans-Dieter Struwe | 38 | V | Weyhe | 10.7. |

M 50

| | | | | | |
|----------|------------------|----|----|--------|-------|
| 10:21,95 | Helmut Sievers | 34 | Ue | Verden | 24.8. |
| 10:55,1 | Karl-Ernst Drews | 34 | Ki | Weyhe | 10.7. |

5000 m

M 30

| | | | | | |
|----------|------------------|----|---|--------|-------|
| 15:50,82 | Manfred Sich | 55 | V | Verden | 30.8. |
| 16:33,1 | Heiko Zdrojewski | 53 | V | Weyhe | 22.5. |
| 17:00,7 | Rudolf Borgs | 53 | V | Verden | 2.7. |

M 35

| | | | | | |
|----------|--------------------|----|----|-----------|-------|
| 16:42,1 | Jürgen Honemann | 46 | V | Rotenburg | 4.9. |
| 16:44,4 | Hans-Dieter Acksel | 49 | Et | Verden | 12.9. |
| 16:44,7 | Hans-Joachim Meyer | 50 | Ue | Weyhe | 22.5. |
| 16:50,69 | Robert Duncan | 46 | V | Verden | 30.8. |

M 40

| | | | | | |
|----------|-----------------|----|-----|--------|-------|
| 16:28,8 | Joachim Damm | 42 | V | Verden | 2.7. |
| 17:17,3 | Dieter Meineke | 44 | V | Verden | 2.7. |
| 18:02,6 | Hermann Engelke | 41 | Et | Verden | 2.7. |
| 18:04,86 | Rainer Schmidt | 41 | Bie | Verden | 30.8. |
| 18:09,1 | Fredi Schack | 41 | V | Verden | 12.9. |
| 19:03,5 | Otto v. Wieding | 43 | V | Verden | 12.9. |

M 45

| | | | | | |
|---------|------------------|----|----|--------|-------|
| 16:53,8 | Georg v. d. Berg | 38 | Ue | Weyhe | 4.9. |
| 18:42,3 | Manfred Wichmann | 40 | V | Verden | 2.7. |
| 18:44,5 | Werner Struwe | 38 | V | Weyhe | 22.5. |
| 19:22,1 | Herbert Fokke | 40 | Ue | Weyhe | 22.5. |

M 50

| | | | | | |
|---------|------------------|----|----|--------|-------|
| 17:41,3 | Helmut Sievers | 34 | Ue | Weyhe | 22.5. |
| 19:15,0 | Karl-Ernst Drews | 34 | Ki | Verden | 2.7. |

M 60

| | | | | | |
|---------|----------------|----|---|--------|------|
| 20:23,4 | Edgar Hoepfner | 22 | V | Verden | 2.7. |
|---------|----------------|----|---|--------|------|

10000 m

M 30

| | | | | | |
|---------|------------------|----|---|-------|-------|
| 34:32,1 | Heiko Zdrojewski | 53 | V | Oyten | 14.4. |
| 37:42,9 | Rudolf Borgs | 53 | V | Weyhe | 5.6. |

M 35

| | | | | | |
|---------|--------------------|----|----|-------|-------|
| 33:38,2 | Gerd Coordes | 50 | V | Oyten | 14.4. |
| 35:01,6 | Hans-Joachim Meyer | 50 | Ue | Syke | 18.9. |
| 35:02,6 | Jürgen Honemann | 46 | V | Syke | 18.9. |
| 36:02,0 | Hans-Dieter Acksel | 49 | Et | Oyten | 14.4. |

M 40

| | | | | | |
|---------|-----------------|----|-----|--------|-------|
| 34:57,1 | Joachim Damm | 42 | V | Verden | 16.7. |
| 36:03,4 | Dieter Meineke | 44 | V | Syke | 18.9. |
| 36:48,7 | Hermann Engelke | 41 | Et | Oyten | 14.4. |
| 37:56,8 | Rainer Schmidt | 41 | Bie | Oyten | 14.4. |

M 45

| | | | | | |
|---------|------------------|----|----|-------|-------|
| 34:36,8 | Georg v. d. Berg | 38 | Ue | Syke | 18.9. |
| 38:05,0 | Günter Osthorst | 39 | Oy | Oyten | 14.4. |
| 39:06,7 | Herbert Fokke | 40 | Ue | Oyten | 14.4. |

M 50

| | | | | | |
|---------|------------------|----|----|-------|-------|
| 36:08,4 | Helmut Sievers | 34 | Ue | Oyten | 14.4. |
| 40:34,2 | Karl-Ernst Drews | 34 | Ki | Weyhe | 5.6. |

Stundenlauf

M 30

| | | | | | |
|---------|--------------|----|---|--------|-------|
| 15590 m | Rudolf Borgs | 53 | V | Verden | 22.8. |
|---------|--------------|----|---|--------|-------|

M 35

| | | | | | |
|---------|-----------------|----|---|--------|-------|
| 16456 m | Jürgen Honemann | 46 | V | Verden | 22.8. |
|---------|-----------------|----|---|--------|-------|

M 40

| | | | | | |
|---------|--------------|----|---|--------|-------|
| 16328 m | Joachim Damm | 42 | V | Verden | 22.8. |
|---------|--------------|----|---|--------|-------|

M 45

| | | | | | |
|---------|------------------|----|----|--------|-------|
| 16775 m | Georg v. d. Berg | 38 | Ue | Verden | 22.8. |
| 15616 m | Günter Osthorst | 39 | Oy | Verden | 22.8. |
| 12555 m | Jürgen Huxoll | 39 | V | Verden | 22.8. |

M 55

| | | | | | |
|---------|---------------|----|-----|--------|-------|
| 12977 m | Alfred Eggers | 29 | Dav | Verden | 22.8. |
|---------|---------------|----|-----|--------|-------|

25 km

M 30

| | | | | | |
|---------|------------------|----|---|----------|-------|
| 1:34:58 | Rudolf Borgs | 53 | V | Daverden | 17.6. |
| 1:40,03 | Heiko Zdrojewski | 53 | V | Schlade | 31.8. |

M 35

| | | | | | |
|---------|--------------------|----|----|----------|--------|
| 1:31:02 | Jürgen Honemann | 46 | V | Daverden | 17.6. |
| 1:32:43 | Hans-Dieter Acksel | 49 | Et | Scheeßel | 26.10. |
| 1:35:05 | Hans-Joachim Meyer | 50 | Ue | Scheeßel | 26.10. |
| 1:37:18 | Robert Duncan | 46 | V | Bremen | 23.3. |
| 1:53:11 | Horst Sonar | 47 | V | Schlade | 31.8. |

Mannschaft

| | | | | | |
|---------|--------------------------------|--|--|----------|--------|
| 4:45:22 | LGKV Damm - Meyer - Meineke | | | Scheeßel | 26.10. |
|---------|--------------------------------|--|--|----------|--------|

M 40

| | | | | | |
|---------|-----------------|----|-----|----------|--------|
| 1:34:33 | Hermann Engelke | 41 | Et | Bremen | 23.3. |
| 1:35:00 | Joachim Damm | 42 | V | Scheeßel | 26.10. |
| 1:35:17 | Dieter Meineke | 44 | V | Scheeßel | 26.10. |
| 1:42:04 | Fredi Schack | 41 | V | Schladen | 31.8. |
| 1:42:32 | Rainer Schmidt | 41 | Bie | Daverden | 17.6. |
| 1:45:36 | Otto v. Wieding | 43 | V | Bremen | 23.3. |

Mannschaft

| | | | | | |
|---------|-------------------------------------|--|--|----------|--------|
| 5:05:29 | LGKV I Schack - Damm - Meineke | | | Schladen | 31.8. |
| 5:43:34 | LGKV II Fokke - Ackemann - Drews | | | Scheeßel | 26.10. |

M 45

| | | | | | |
|---------|---------------------|----|----|----------|--------|
| 1:28:18 | Georg v. d. Berg | 38 | Ue | Bremen | 23.3. |
| 1:35:05 | Günter Osthorst | 39 | Oy | Scheeßel | 26.10. |
| 1:43:31 | Werner Struwe | 38 | V | Scheeßel | 26.10. |
| 1:49:42 | Dimitros Kavoulakis | 38 | V | Bremen | 23.3. |
| 1:51:01 | Herbert Fokke | 40 | Ue | Scheeßel | 26.10. |

M 50

| | | | | | |
|---------|------------------|----|----|----------|--------|
| 1:35:38 | Helmut Sievers | 34 | Ue | Morsum | 21.4. |
| 1:57:02 | Karl-Ernst Drews | 34 | Ki | Scheeßel | 26.10. |

M 55

| | | | | | |
|---------|------------------|----|-----|----------|--------|
| 1:55:31 | Wilhelm Ackemann | 28 | A | Scheeßel | 26.10. |
| 1:59:33 | Alfred Eggers | 29 | Dav | Scheeßel | 26.10. |

M 70

| | | | | | |
|---------|-----------------|----|---|----------|-------|
| 2:31:19 | Heinrich Kemper | 15 | V | Daverden | 17.6. |
|---------|-----------------|----|---|----------|-------|

Marathon

M 30

| | | | | | |
|---------|---------------|----|----|--------|-------|
| 2:55:59 | Rudolf Borgs | 53 | V | Verden | 28.4. |
| 3:33:53 | Dieter Dobers | 52 | Fi | Verden | 28.4. |

Mannschaft

| | | | | | |
|---------|------------------------------------|--|--|--------|-------|
| 8:44:38 | LGKV Engelke - Osthorst - Borgs | | | Verden | 28.4. |
|---------|------------------------------------|--|--|--------|-------|

M 35

| | | | | | |
|---------|--------------------|----|-----|--------|-------|
| 2:26:19 | Les Wood | 46 | V | Verden | 7.9. |
| 2:36:29 | Gerd Coordes | 50 | V | Bremen | 28.4. |
| 2:42:54 | Jürgen Honemann | 46 | V | Bremen | 28.4. |
| 2:49:17 | Gerhard Paul | 47 | Emt | Bremen | 28.4. |
| 2:51:45 | Hans-Dieter Acksel | 49 | Et | Bremen | 28.4. |
| 2:53:04 | Tony Buffery | 47 | V | Verden | 7.9. |

Mannschaft

| | | | | | |
|---------|----------------------------------|--|--|--------|-------|
| 8:23:08 | LGKV Honemann - Damm - Acksel | | | Bremen | 28.4. |
|---------|----------------------------------|--|--|--------|-------|

M 40

| | | | | | |
|---------|-----------------|----|-------|----------|-------|
| 2:43:45 | Joachim Damm | 42 | V | Daverden | 17.6. |
| 2:51:33 | Hermann Engelke | 41 | Et | Berlin | 29.9. |
| 2:54:10 | Dieter Meineke | 44 | V | Berlin | 29.9. |
| 2:57:26 | Fredi Schack | 41 | V | Berlin | 29.9. |
| 3:06:25 | Werner Thielbar | 43 | Fi | Daverden | 17.6. |
| 3:07:41 | Heyko Spreckels | 41 | A | Bremen | 28.4. |
| 3:16:31 | Rainer Schmidt | 41 | Bie | Bremen | 28.4. |
| 3:28:05 | Jürgen Floerken | 40 | Fisch | Bremen | 28.4. |
| 3:36:20 | Klaus Tonn | 45 | A | Daverden | 17.6. |
| 3:36:39 | Günthe Breska | 41 | A | Daverden | 17.6. |

Mannschaft

| | | | | | |
|---------|--|--|--|--------|-------|
| 9:01:37 | LGKV I Krüger - Meineke - Struwe | | | Bremen | 28.4. |
| 9:40:53 | LGKV II Spreckels - Kavoulakis - Behrmann | | | Bremen | 28.4. |

M 45

| | | | | | |
|---------|---------------------|----|----|--------|-------|
| 2:36:18 | Georg v. d. Berg | 38 | Ue | Berlin | 29.9. |
| 2:50:58 | Günter Osthorst | 39 | Oy | Berlin | 29.9. |
| 2:57:17 | Friedrich Krüger | 37 | V | Bremen | 28.4. |
| 3:04:31 | Werner Struwe | 38 | V | Bremen | 28.4. |
| 3:11:42 | Dimitros Kavoulakis | 38 | V | Bremen | 28.4. |

M 50

| | | | | | |
|---------|--------------------|----|-----|----------|-------|
| 2:48:28 | Helmut Sievers | 34 | Ue | Daverden | 17.6. |
| 3:21:30 | Günter Behrmann | 34 | Dav | Bremen | 28.4. |
| 3:45:58 | Dietrich Radtke | 34 | V | Bremen | 28.4. |
| 3:51:49 | Heinz Kleinschmidt | 33 | Dav | Bremen | 28.4. |
| 4:11:11 | Gerhard Werner | 32 | V | Bremen | 28.4. |

Mannschaft

| | | | | | |
|----------|--|--|--|--------|-------|
| 11:08:52 | LGKV I Ackemann - Radtke - Kleinschmidt | | | Bremen | 28.4. |
| 12:32:50 | LGKV II Eggers - Werner - Balnus | | | Bremen | 28.4. |

M 55

| | | | | | |
|---------|------------------|----|-----|----------|-------|
| 3:22:56 | Wilhelm Ackemann | 28 | A | Daverden | 17.6. |
| 4:06:44 | Alfred Eggers | 29 | Dav | Bremen | 28.4. |
| 4:14:55 | Hans Balnus | 28 | | Bremen | 28.4. |
| 4:34:46 | Werner Heckmann | 27 | V | Berlin | 29.9. |

M 60

| | | | | | |
|---------|----------------|----|---|---------|-------|
| 3:25:30 | Heinz Grots | 21 | A | Brüssel | 29.9. |
| 4:04:17 | Edgar Hoepfner | 22 | V | Berlin | 29.9. |

M 70

| | | | | | |
|---------|-----------------|----|---|--------|-------|
| 4:42:54 | Heinrich Kemper | 15 | V | Berlin | 29.9. |
|---------|-----------------|----|---|--------|-------|

4 x 100 m

M 30

| | | | | | |
|------|---|--|--|--------|-------|
| 57,4 | LGKV Temp - Pofahl - v. Wieding - Sich | | | Verden | 12.9. |
|------|---|--|--|--------|-------|

M 40

| | | | | | |
|------|--|--|--|--------|-------|
| 49,7 | LGKV Huxoll - Feldmann - Köster - Teichgräber | | | Verden | 12.9. |
|------|--|--|--|--------|-------|

Weitsprung

M 30

| | | | | | |
|------|---------------------|----|----|--------|------|
| 5,80 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
| 3,02 | Claus-Werner Wünsch | 53 | Ba | Baden | 8.9. |

M 35

| | | | | | |
|------|----------------------|----|-----|--------|-------|
| 4,96 | Rolf Meyer | 48 | Rie | Riede | 29.6. |
| 4,85 | Norbert Temp | 47 | Mor | Verden | 12.9. |
| 4,59 | Peter Könecke | 50 | Ba | Baden | 8.9. |
| 4,20 | Karl-Ernst Liebscher | 49 | Mor | Morsum | 11.7. |
| 4,10 | Horst Heger | 50 | Mor | Morsum | 11.7. |

M 40

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 5,48 | Peter Feldmann | 41 | A | Verden | 12.9. |
| 4,96 | Joachim Damm | 42 | V | Verden | 12.9. |
| 4,79 | Wilhelm Otten | 42 | Rie | Riede | 29.6. |
| 4,76 | Christian Weder | 44 | Ba | Baden | 8.9. |
| 4,27 | Roland Wolten | 41 | Ba | Baden | 8.9. |

M 45

| | | | | | |
|------|----------------|----|-----|--------|-------|
| 5,50 | Jürgen Huxoll | 39 | V | Verden | 12.9. |
| 5,33 | Dieter Köster | 36 | A | Verden | 12.9. |
| 4,46 | Willi Kuhlmann | 36 | Ba | Baden | 8.9. |
| 4,38 | Günter Sturm | 40 | Rie | Riede | 29.6. |

M 50

| | | | | | |
|------|------------------|----|-----|-----------|-------|
| 4,43 | Karl-Ernst Drews | 34 | Ben | Buxtehude | 6.7. |
| 4,26 | Horst Gallmeier | 31 | Mor | Morsum | 11.7. |
| 4,23 | Werner Brück | 32 | Mor | Morsum | 11.7. |

Hochsprung

M 35

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 1,36 | Wolfgang Pofahl | 48 | V | Verden | 12.9. |
| 1,33 | Helmut Behrmann | 46 | A/V | Verden | 12.9. |

M 40

| | | | | | |
|------|-----------------------|----|-----|--------|-------|
| 1,51 | Bernd Teichgräber | 43 | Ben | Verden | 12.9. |
| 1,36 | Karl-Dietrich Schultz | 41 | A | Verden | 12.9. |

M 45

| | | | | | |
|------|---------------|----|---|--------|-------|
| 1,48 | Jürgen Huxoll | 39 | V | Verden | 12.9. |
|------|---------------|----|---|--------|-------|

M 50

| | | | | | |
|------|--------------|----|-----|--------|-------|
| 1,30 | Werner Brück | 32 | Mor | Morsum | 11.7. |
|------|--------------|----|-----|--------|-------|

Kugelstoßen

M 30

| | | | | | |
|-------|---------------------|----|------|--------|-------|
| 11,32 | Hermann Deuter | 52 | Lang | Morsum | 23.5. |
| 8,83 | Claus-Werner Wünsch | 53 | Ba | Baden | 8.9. |

M 35

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 9,62 | Wolfgang Pofahl | 48 | V | Verden | 12.9. |
| 9,40 | Dieter Baden | 47 | A | Verden | 12.9. |
| 8,74 | Rolf Meyer | 48 | Rie | Riede | 29.6. |
| 8,52 | Peter Könecke | 50 | Ba | Baden | 8.9. |
| 8,32 | Horst Bertram | 47 | V | Verden | 12.9. |
| 7,87 | Helmut Behrmann | 46 | V/A | Verden | 12.9. |
| 6,94 | Norbert Temp | 47 | Mor | Riede | 29.6. |

M 40

| | | | | | |
|-------|-----------------------|----|-----|--------|-------|
| 10,66 | Bernd Teichgräber | 43 | Ben | Verden | 12.9. |
| 9,27 | Christian Weder | 44 | Ba | Baden | 8.9. |
| 8,13 | Karl-Dietrich Schultz | 41 | A | Verden | 12.9. |
| 8,05 | Wilhelm Otten | 42 | Rie | Riede | 29.6. |
| 7,32 | Roland Wolten | 41 | Ba | Baden | 8.9. |

M 45

| | | | | | |
|-------|-----------------------|----|-----|--------|-------|
| 10,90 | Hans-Jürgen Hamburger | 40 | Ott | Langen | 8.6. |
| 8,63 | Reinhold Pahl | 37 | Ba | Morsum | 23.5. |
| 8,62 | Günter Sturm | 40 | Rie | Riede | 29.6. |
| 8,07 | Willi Kuhlmann | 36 | Ba | Baden | 8.9. |
| 7,97 | Dieter Köster | 36 | A | Verden | 12.9. |

M 55 (7,25 kg)

| | | | | | |
|-------|------------------|----|---|--------|-------|
| 10,10 | Dieter Watzlawik | 30 | V | Morsum | 23.5. |
|-------|------------------|----|---|--------|-------|

M 55 (6,25 kg)

| | | | | | |
|-------|------------------|----|---|--------|-------|
| 11,10 | Dieter Watzlawik | 30 | V | Gronau | 30.6. |
|-------|------------------|----|---|--------|-------|

M 60 (5 kg)

| | | | | | |
|-------|-----------------|----|---|-----|-------|
| 12,38 | Siegfried Franz | 24 | V | Rom | 22.6. |
|-------|-----------------|----|---|-----|-------|

Diskuswerfen

M 30

| | | | | | |
|-------|-----------------|----|---|--------|------|
| 23,90 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
|-------|-----------------|----|---|--------|------|

M 35

| | | | | | |
|-------|-----------------|----|-----|--------|-------|
| 31,18 | Wolfgang Pofahl | 48 | V | Verden | 12.9. |
| 26,70 | Horst Bertram | 47 | V | Verden | 12.9. |
| 25,22 | Helmut Behrmann | 46 | A/V | Verden | 12.9. |

M 40

| | | | | | |
|-------|-----------------------|----|---|--------|-------|
| 20,34 | Karl-Dietrich Schultz | 41 | A | Verden | 12.9. |
|-------|-----------------------|----|---|--------|-------|

M 50 (2 kg)

| | | | | | |
|-------|------------------|----|-----|--------|-------|
| 23,84 | Karl-Ernst Drews | 34 | Ben | Verden | 12.9. |
|-------|------------------|----|-----|--------|-------|

M 50 (1,75 kg)

| | | | | | |
|-------|------------------|----|-----|-----------|------|
| 23,66 | Karl-Ernst Drews | 34 | Ben | Buxtehude | 6.7. |
|-------|------------------|----|-----|-----------|------|

M 55 (2 kg)

| | | | | | |
|-------|------------------|----|---|--------|-------|
| 35,16 | Dieter Watzlawik | 30 | V | Morsum | 23.5. |
|-------|------------------|----|---|--------|-------|

M 55 (1,75 kg)

| | | | | | |
|-------|------------------|----|---|--------|-------|
| 37,44 | Dieter Watzlawik | 30 | V | Gronau | 30.6. |
|-------|------------------|----|---|--------|-------|

M 60 (1,5 kg)

| | | | | | |
|-------|-----------------|----|---|----------|------|
| 38,20 | Siegfried Franz | 24 | V | Nordholz | 7.9. |
|-------|-----------------|----|---|----------|------|

Speerwerfen

M 30

| | | | | | |
|-------|-----------------|----|------|--------|-------|
| 36,74 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
| 36,10 | Hermann Deuter | 52 | Lang | Morsum | 23.5. |

M 35

| | | | | | |
|-------|---------------|----|---|--------|-------|
| 43,68 | Horst Bertram | 47 | | Verden | 12.9. |
| 32,82 | Dieter Baden | 47 | A | Verden | 12.9. |

M 45

| | | | | | |
|-------|-----------------------|----|-----|--------|-------|
| 37,52 | Dieter Köster | 36 | A | Verden | 12.9. |
| 37,20 | Hans-Jürgen Hamburger | 40 | Ott | Langen | 8.6. |
| 28,80 | Richard Wegener | 38 | Dav | Verden | 12.9. |

M 50

| | | | | | |
|-------|------------------|----|-----|-----------|------|
| 31,82 | Karl-Ernst Drews | 34 | Ben | Buxtehude | 6.7. |
|-------|------------------|----|-----|-----------|------|

Hammerwerfen

M 35

| | | | | | |
|-------|-----------------|----|-----|---------|------|
| 35,00 | Wolfgang Pofahl | 48 | V | Hamburg | 1.6. |
| 26,16 | Helmut Behrmann | 46 | A/V | Hamburg | 1.6. |

M 60 (5 kg)

| | | | | | |
|-------|-----------------|----|---|---------|-------|
| 46,26 | Siegfried Franz | 24 | V | Hamburg | 24.8. |
|-------|-----------------|----|---|---------|-------|

Fünfkampf

M 30

| | | | | | |
|------|--------------------------------------|----|---|--------|------|
| 2161 | Rüdiger Ullrich | 51 | V | Verden | 4.5. |
| | 5,80 - 36,74 - 26,5 - 23,90 - 5:31,6 | | | | |

M 50

| | | | | | |
|------|--------------------------------------|----|-----|-----------|------|
| 4258 | Karl-Ernst Drews | 34 | Ben | Buxtehude | 6.7. |
| | 4,43 - 31,82 - 28,7 - 23,66 - 5:17,2 | | | | |

Frauen

75 m

W 30

| | | | | | |
|------|------------------|----|----|-------|------|
| 12,5 | Jutta Könecke | 53 | Ba | Baden | 8.9. |
| 14,0 | Heike Borchers | 53 | Ba | Baden | 8.9. |
| 15,4 | Brigitte Bäuerle | 52 | Ba | Baden | 8.9. |

W 35

| | | | | | |
|------|----------------|----|-----|-------|-------|
| 12,2 | Edelgard Plate | 49 | Rie | Riede | 29.6. |
| 12,4 | Gisela Meyer | 47 | Rie | Riede | 29.6. |
| 12,7 | Irmgard Kattau | 46 | Rie | Riede | 29.6. |

W 40

| | | | | | |
|------|--------------|----|-----|-------|-------|
| 11,9 | Renate Sturm | 45 | Rie | Riede | 29.6. |
| 13,4 | Karin Wolten | 44 | Ba | Baden | 8.9. |

W 45

| | | | | | |
|------|-----------------|----|-----|-------|-------|
| 12,0 | Anneliese Kampf | 40 | Rie | Riede | 29.6. |
| 13,8 | Adda Weber | 40 | Ba | Baden | 8.9. |

100 mW 35

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 15,9 | Christa Liebscher | 50 | Mor | Morsum | 11.7. |
| 16,1 | Dagmar Köster | 50 | Ba | Baden | 8.9. |

800 mW 30

| | | | | | |
|---------|--------------|----|-----|--------|-------|
| 2:22,72 | Celia Duncan | 53 | V | Verden | 30.8. |
| 3:04,53 | Ingrid Heger | 52 | Mor | Verden | 30.8. |

W 35

| | | | | | |
|---------|-------------------|----|-----|--------|-------|
| 2:51,41 | Christa Liebscher | 50 | Mor | Morsum | 11.7. |
|---------|-------------------|----|-----|--------|-------|

3000 mW 30

| | | | | | |
|----------|--------------|----|---|--------|-------|
| 10:00,21 | Celia Duncan | 53 | V | Verden | 21.9. |
|----------|--------------|----|---|--------|-------|

W 40

| | | | | | |
|----------|---------------|----|----|--------|-------|
| 12:28,62 | Heidrun Wrona | 43 | V | Verden | 6.10. |
| 12:43,0 | Renate Drews | 41 | Ki | Oyten | 14.4. |

W 45

| | | | | | |
|----------|-----------------|----|---|--------|-------|
| 13:14,20 | Gerta Lindhorst | 36 | V | Verden | 21.9. |
|----------|-----------------|----|---|--------|-------|

W 60

| | | | | | |
|---------|--------------|----|----|-------|-------|
| 16:52,5 | Sigrid Corus | 25 | Oy | Oyten | 14.4. |
|---------|--------------|----|----|-------|-------|

W 65

| | | | | | |
|---------|-------------------|----|---|--------|-------|
| 12:38,5 | Liselotte Schultz | 20 | V | Verden | 21.9. |
|---------|-------------------|----|---|--------|-------|

5000 m

W 30

| | | | | | |
|---------|--------------|----|---|--------|------|
| 17:29,0 | Celia Duncan | 53 | V | Verden | 2.7. |
|---------|--------------|----|---|--------|------|

W 40

| | | | | | |
|---------|----------------|----|----|--------|-------|
| 20:55,7 | Heidrun Wrona | 43 | V | Weyhe | 10.7. |
| 21:16,9 | Renate Drews | 41 | Ki | Verden | 2.7. |
| 22:02,0 | Renate Schäfer | 45 | V | Weyhe | 22.5. |

W 45

| | | | | | |
|---------|-----------------|----|----|--------|-------|
| 19:31,8 | Rosemarie May | 40 | V | Verden | 2.7. |
| 20:57,5 | Helga Sievers | 37 | Ue | Weyhe | 10.7. |
| 22:25,4 | Gerta Lindhorst | 36 | V | Weyhe | 10.7. |

W 65

| | | | | | |
|---------|-------------------|----|---|--------|------|
| 21:58,0 | Liselotte Schultz | 20 | V | Verden | 2.7. |
|---------|-------------------|----|---|--------|------|

10000 m

W 30

| | | | | | |
|----------|--------------|----|---|--------|-------|
| 35:50,54 | Celia Duncan | 53 | V | Verden | 27.4. |
|----------|--------------|----|---|--------|-------|

W 40

| | | | | | |
|---------|----------------|----|----|--------|-------|
| 42:35,5 | Heidrun Wrona | 43 | V | Weyhe | 10.7. |
| 43:53,7 | Renate Drews | 41 | Ki | Verden | 2.7. |
| 44:56,5 | Renate Schäfer | 45 | V | Weyhe | 22.5. |

W 45

| | | | | | |
|---------|---------------|----|----|--------|-------|
| 39:31,5 | Rosemarie May | 40 | V | Verden | 16.7. |
| 42:35,5 | Helga Sievers | 37 | Ue | Verden | 16.7. |

W 65

| | | | | | |
|---------|-------------------|----|---|--------|-------|
| 44:20,9 | Liselotte Schultz | 20 | V | Verden | 16.7. |
|---------|-------------------|----|---|--------|-------|

Stundenlauf

W 40

| | | | | | |
|---------|----------------|----|----|--------|-------|
| 13683m | Heidrun Wrona | 43 | V | Verden | 22.8. |
| 13278 m | Renate Drews | 41 | Ki | Verden | 22.8. |
| 12744 m | Renate Schäfer | 45 | V | Verden | 22.8. |
| 10564 m | Karin Köster | 45 | Ue | Verden | 22.8. |

W 45

| | | | | | |
|---------|-----------------|----|----|--------|-------|
| 13852 m | Helga Sievers | 37 | Ue | Verden | 22.8. |
| 12744 m | Gerta Lindhorst | 36 | V | Verden | 22.8. |
| 10622 m | Christa Husmann | 36 | V | Verden | 22.8. |

W 60

| | | | | | |
|---------|-------------------|----|---|--------|-------|
| 13418 m | Liselotte Schultz | 20 | V | Verden | 22.8. |
|---------|-------------------|----|---|--------|-------|

25 km

W 30

| | | | | | |
|---------|--------------|----|-----|----------|-------|
| 1:37:23 | Celia Duncan | 53 | V | Bremen | 23.3. |
| 2:12:02 | Ingrid Heger | 52 | Mor | Daverden | 17.6. |

W 35

| | | | | | |
|---------|-------------------|----|-----|----------|-------|
| 2:13:06 | Christa Liebscher | 50 | Mor | Daverden | 17.6. |
|---------|-------------------|----|-----|----------|-------|

W 40

| | | | | | |
|---------|---------------|----|---|----------|--------|
| 1:44:04 | Rosemarie May | 40 | V | Scheeßel | 26.10. |
| 1:54:14 | Heidrun Wrona | 43 | V | Bremen | 23.3. |

W 45

| | | | | | |
|---------|-----------------|----|----|----------|--------|
| 1:52:07 | Helga Sievers | 37 | Ue | Bokel | 1.9. |
| 2:04:32 | Gerta Lindhorst | 36 | V | Scheeßel | 26.10. |

Marathon

W 30

| | | | | | |
|---------|--------------|----|---|--------|-------|
| 2:45:49 | Celia Duncan | 53 | V | Berlin | 29.9. |
|---------|--------------|----|---|--------|-------|

Mannschaft

| | | | | | |
|---------|--------------------------------|--|--|--------|-------|
| 9:13:52 | LGKV Duncan - May - Sievers | | | Berlin | 29.9. |
|---------|--------------------------------|--|--|--------|-------|

W 40

| | | | | | |
|---------|----------------|----|----|--------|-------|
| 3:21:49 | Heidrun Wrona | 43 | V | Berlin | 29.9. |
| 3:44:32 | Renate Drews | 41 | Ki | Berlin | 29.9. |
| 4:15:10 | Renate Schäfer | 45 | V | Berlin | 29.9. |

Mannschaft

| | | | | | |
|----------|---------------------------------|--|--|--------|-------|
| 10:34:31 | LGKV Wrona - Schultz - Drews | | | Berlin | 29.9. |
|----------|---------------------------------|--|--|--------|-------|

W 45

| | | | | | |
|---------|-----------------|----|----|----------|-------|
| 3:04:29 | Rosemarie May | 40 | V | Daverden | 17.6. |
| 3:20:25 | Helga Sievers | 37 | Ue | Berlin | 29.9. |
| 3:35:13 | Gerta Lindhorst | 36 | V | Berlin | 29.9. |

W 65

| | | | | | |
|---------|-------------------|----|---|--------|-------|
| 3:28:10 | Liselotte Schultz | 20 | V | Berlin | 30.9. |
|---------|-------------------|----|---|--------|-------|

Weitsprung

W 30

| | | | | | |
|------|------------------|----|----|-------|------|
| 3,40 | Jutta Könecke | 53 | Ba | Baden | 8.9. |
| 2,58 | Heike Borchers | 53 | Ba | Baden | 8.9. |
| 2,50 | Brigitte Bäuerle | 52 | Ba | Baden | 8.9. |

W 35

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 4,36 | Dagmar Köster | 50 | Ba | Baden | 8.9. |
| 3,46 | Christa Liebscher | 50 | Mor | Morsum | 11.7. |
| 3,36 | Gisela Meyer | 47 | Rie | Riede | 29.6. |
| 3,34 | Irmgard Kattau | 46 | Rie | Riede | 29.6. |
| 3,33 | Edelgard Plate | 49 | Rie | Riede | 29.6. |

W 40

| | | | | | |
|------|--------------|----|-----|-------|-------|
| 3,37 | Karin Wolten | 44 | Ba | Baden | 8.9. |
| 3,29 | Renate Sturm | 45 | Rie | Riede | 29.6. |

W 45

| | | | | | |
|------|-----------------|----|-----|-------|-------|
| 3,35 | Anneliese Kampf | 40 | Rie | Riede | 29.6. |
| 3,20 | Adda Weber | 40 | Ba | Baden | 8.9. |

Kugel

W 30

| | | | | | |
|------|------------------|----|-----|--------|-------|
| 8,30 | Ursula Schmidt | 53 | A | Zeven | 25.5. |
| 6,70 | Jutta Könecke | 53 | Ba | Baden | 8.9. |
| 5,45 | Heike Borchers | 53 | Ba | Baden | 8.9. |
| 4,93 | Ingrid Heger | 52 | Mor | Morsum | 23.5. |
| 4,28 | Brigitte Bäuerle | 52 | Ba | Baden | 8.9. |

W 35

| | | | | | |
|-------|-------------------|----|-----|--------|-------|
| 12,73 | Dagmar Köster | 50 | Ba | Gronau | 30.6. |
| 8,03 | Gisela Meyer | 47 | Rie | Riede | 29.6. |
| 7,06 | Edelgard Plate | 49 | Rie | Riede | 29.6. |
| 6,85 | Irmgard Kattau | 46 | Rie | Riede | 29.6. |
| 5,72 | Christa Liebscher | 50 | Mor | Morsum | 23.5. |

W 40

| | | | | | |
|------|--------------|----|-----|-------|-------|
| 6,41 | Renate Sturm | 45 | Rie | Riede | 29.6. |
| 5,74 | Karin Wolten | 44 | Ba | Baden | 8.9. |

W 45

| | | | | | |
|------|-----------------|----|-----|--------|-------|
| 7,72 | Anneliese Kampf | 40 | Rie | Riede | 29.6. |
| 6,70 | Adda Weber | 40 | Ba | Baden | 8.9. |
| 5,67 | Christa Husmann | 36 | V | Morsum | 23.5. |

Diskus

W 30

| | | | | | |
|-------|----------------|----|-----|--------|-------|
| 23,60 | Ursula Schmidt | 53 | A | Gronau | 30.6. |
| 14,42 | Ingrid Heger | 52 | Mor | Morsum | 23.5. |

W 35

| | | | | | |
|-------|-------------------|----|-----|--------|-------|
| 34,66 | Dagmar Köster | 50 | Ba | Gronau | 30.6. |
| 13,08 | Christa Liebscher | 50 | Mor | Morsum | 23.5. |

W 45

| | | | | | |
|-------|-----------------|----|---|--------|-------|
| 16,32 | Christa Husmann | 36 | V | Morsum | 23.5. |
|-------|-----------------|----|---|--------|-------|

Speer

W 30

| | | | | | |
|-------|--------------|----|-----|--------|-------|
| 14,24 | Ingrid Heger | 52 | Mor | Morsum | 23.5. |
|-------|--------------|----|-----|--------|-------|

W 35

| | | | | | |
|------|-------------------|----|-----|--------|-------|
| 8,50 | Christa Liebscher | 50 | Mor | Morsum | 23.5. |
|------|-------------------|----|-----|--------|-------|

W 45

| | | | | | |
|-------|-----------------|----|---|--------|-------|
| 13,40 | Christa Husmann | 36 | V | Morsum | 23.5. |
|-------|-----------------|----|---|--------|-------|

DMM / DAMM / DJMM / DSMM 84

DEUTSCHE MANNSCHAFTS-MEISTERSCHAFT (DMM)

Männer

Bundesliga

| | | | |
|-------|-------------------|---|------|
| 24874 | LGKV | Hamburg | 1.6. |
| | TSV Achim: | R. Kothe, R. Winkel, S. Mattern, T. Pfeiffer, U. Schmidt | |
| | TV Baden: | J. Kuhlmann, M. Siemt | |
| | TSV Bassen: | S. Suhling | |
| | SV Bendingbostel: | H. Luttmann | |
| | TSV Etelsen: | T. Henszelewski | |
| | TV Oyten: | M. Strobach | |
| | TSV Verden: | W. Pofahl, M. Spöttel, L. Weger, K. Husmann, G. Althausen, J. Schulze, S. Rohlfss, R. Ullrich | |
| | Ersatz: | U. Cordes (Ben), S. Drews (Ben), U. Mattern (A), G. Bernecker (V), H. Behrmann (A/V) | |

DEUTSCHE ALTERSKLASSEN-MANNSCHAFTS-MEISTERSCHAFT (DAMM)

Männer

M 30

| | | | |
|------|--------------|---|-------|
| 7870 | LGKV | Verden | 12.9. |
| | TSV Achim: | D. Baden | |
| | TSV Etelsen: | H.-D. Acksel | |
| | TSV Morsum: | N. Temp | |
| | TSV Uesen: | H.J. Meyer | |
| | TSV Verden: | J. Damm, H. Bertram, J. Honemann, O. v. Wieding, W. Pofahl, M. Sich | |

M 40

| | | | |
|------|-------------------|---------------------------------------|-------|
| 6701 | LGKV | Verden | 12.9. |
| | TSV Achim: | P. Feldmann, D. Köster | |
| | SV Bendingbostel: | K.-E. Drews | |
| | TSV Kirchlinteln: | B. Teichgräber | |
| | TSV Uesen: | H. Sievers | |
| | TSV Verden: | J. Huxoll, D. Watzlawik, F. Schack | |

Gesamtwertung DMM / DAMM: 39 445 Punkte - 3 Mannschaften

Deutsche Schüler-Mannschafts-Meisterschaft (DSMM)

Schüler A

Gruppe 1

| | | | | |
|-------|-------------------|---|--------------|-------|
| 18241 | LGKV | | Braunschweig | 29.9. |
| | TV Baden: | H. Bleckwenn, H. Aucamp | | |
| | TSV Dörverden: | O. Drewes, O. Poppe | | |
| | TSV Emtinghaus.: | O. Poolke, J. Nadig, A. Wilkens, M. Schumacher | | |
| | TSV Kirchlinteln: | T. Rettkowski | | |
| | TSV Verden: | P. Stauga, G. Behm, A. Eberhardt | | |

Schülerinnen A

Gruppe 1

| | | | | |
|-------|-------------------|---|--------------|-------|
| 13524 | LGKV | | Braunschweig | 29.9. |
| | TV Baden: | G. Wöltjen, S. Ortmann, K. Hartwig, B. Becker, N. Köster, I.Kirchner, B. Schwarze | | |
| | SV Bendingbostel: | K. Drewes | | |
| | TSV Dörverden: | N. Brüggemann | | |
| | TSV Emtinghaus.: | G. Kösling | | |

Gesamtwertung DSMM: 31 765 - 2 Mannschaften